

DR. (GP CAPT) ASHISH CHAUHAN

Consultant - Cardiology

Qualification

MBBS | MD (Medicine) | DNB (Cardiology)

Overview

Dr. (Gp Capt) Ashish Chauhan is a distinguished cardiologist in Bangalore, with an extensive and diverse experience of over 16 years Currently a Consultant - Cardiology at Manipal Hospital Whitefield, Dr. Chauhan’s comprehensive clinical expertise encompasses a wide range of cardiology services. He is proficient in performing Coronary Angiography, Angioplasty, Imaging techniques like Optical Coherence Tomography (OCT) and Intravascular Ultrasound (IVUS), Pacemaker Implantation, Heart Failure Therapy Devices like Cardiac Resynchronization Therapy (CRT), and Interventions, involving thoracic and abdominal aorta. He is a Leading Cardiologist in Bangalore. Dr. Chauhan’s academic foundation is robust, having earned his MBBS from the prestigious Armed Forces Medical College (AFMC) in Pune, followed by an MD in Medicine from Rajiv Gandhi University of Health Sciences, Bangalore. Further honing his expertise, he completed his DNB in Cardiology, which laid the groundwork for his prolific career as an interventional cardiologist. Throughout his career, Dr. Chauhan has held several key positions across various esteemed institutions. His leadership roles extended to the 7 Air Force Hospital in Kanpur, where

he was instrumental in establishing a fully operational Cardiology Centre, including a state-of-the-art cardiac catheterization laboratory. During his tenure at Command Hospital Air Force in Bangalore, he was the Head of Cardiology and Associate Professor of Medicine, contributing significantly to clinical care and academic training. Dr. Ashish Chauhan has a strong background in internal medicine, having worked for eight years in various Armed Forces hospitals before specialising in cardiology. Being a Senior Advisor in Medicine, he continued supervising and mentoring younger colleagues in treating complex medical cases. His teaching credentials are equally impressive, with 11 years of experience in academic roles, including as a Professor and Associate Professor of Medicine. He has been a recognised teacher for the DNB Medicine program, guiding students and ensuring high standards of medical education. A respected voice in his field, Dr. Chauhan has authored six publications in national journals and contributed a chapter to a medical book. He has presented his research and clinical findings at prominent conferences such as the Association of Physicians of India (API), the Cardiological Society of India (CSI), and the Indian Society of Aerospace Medicine. His involvement in research projects and national consensus guidelines on physical exercise further underscores his dedication to advancing medical knowledge. Dr. Ashish Chauhan is also actively engaged in community outreach, conducting awareness campaigns on heart disease, stress management, diet, weight loss, and obesity. Dr. Chauhan's exemplary service in the Armed Forces has been recognised with several accolades, including the Chief of Air Staff Commendation in 2010. He has also been lauded for his academic achievements, standing first in the Introductory Aviation Medicine course and the Medical Officers’ Senior Command Course. His extensive experience, coupled with his commitment to patient care, education, and medical advancement, make Dr. Ashish Chauhan a leading figure in cardiology, dedicated to improving heart health and saving lives.

Fellowship & Membership

- Fellow SCAI (USA)
- Member CSI
- Member API
- Member IMA

Field of Expertise

- Dr (Gp Capt) Ashish Chauhan while in the Indian Airforce was Head of Cardiac Cath labs at Command Hospital Bangalore and Airforce Hospital Kanpur.
- He has expertise in intervention procedures:
- Coronary Angiography, Angioplasty
- Imaging techniques like Optical Coherence tomography(OCT)
- Intravascular Ultrasound(IVUS) and Coronary Calcium management tools like Rotablation,
- Intravascular Lithotripsy (IVL) and Orbital atherectomy.
- He is proficient in Peripheral artery disease (Limbs, Carotid, Renal, Mesenteric arteries) stenting.
- He has managed numerous structural heart defects like device closure for Atrial Septal Defects (ASD) and patent Ductus arteriosus (PDA).
- He performs Pacemaker implantations and heart failure therapy devices like CRT-P/CRT-D/ICD
- He is a certified implanter for Percutaneous Aortic Valves (TAVR-TAVI) for both types of valves.
- He runs special clinics with specific directed attention for patients with heart failure
- Syncope (Brief loss of Consciousness) evaluation,
- Pulmonary Hypertension
- Cardio-Oncology for patients on Chemotherapy and

PREVENTIVE CARDIOLOGY

Languages Spoken

- English
- Hindi

Awards & Achievements

- Chief Of Air Staff Commendation for Medical services provided while in Service

Talks & Publications

- Consensus Physical Activity Guidelines for Asian Indians
- CPET Healthy Male Pilot Study
- CPET CAD Male Aviators
- HUIT
- Journal of Cardiovascular Disease
- Newer development in the management of hypertension
- Consensus physical exercise
- 'I am in my 20s, can I still have high BP or hypertension?' Cardiologist explains 5 habits that can silently damage the heart Click Here