

DR. JYOTSNA PRASHANT

Consultant – Internal Medicine

Qualification

MBBS | MD (Internal Medicine)

Overview

Dr. Jyotsna Prashant is an internal medicine specialist in Bangalore. She's currently practising as a Specialist - Internal Medicine at Manipal Hospital Whitefield, where she provides comprehensive medical care focused on chronic disease management, preventive medicine, and acute medical conditions. Dr. Jyotsna completed her MBBS from Amrita Institute of Medical Sciences, Kochi and her MD in General Medicine from K. S. Hegde Medical Academy, Mangalore. She later achieved her MRCP (UK) in 2025, strengthening her expertise in managing complex systemic diseases. With her specialised training, she manages a broad spectrum of health conditions, including diabetes mellitus, hypertension, thyroid diseases, dyslipidaemia, COPD, CKD, and chronic lifestyle-related illnesses. She also has a notable background in critical care medicine, having worked extensively in high-dependency units treating patients with sepsis, respiratory failure, electrolyte and metabolic crises, and post-operative complications. Her clinical proficiency includes managing acute conditions such as cardiac emergencies, stroke support, infections, and metabolic disturbances, along with detailed assessment of multi-system disorders. She is

skilled in non-invasive ventilation, arterial blood gas (ABG) interpretation, haemodynamic management, fluid and electrolyte stabilisation, and procedures such as central line insertion, haemodialysis catheter placement, arterial line monitoring, and airway management under supervision. This strong critical care background enhances her ability to provide safe and timely treatment for acutely deteriorating patients, while planning long-term care strategies for those with chronic diseases. Dr. Jyotsna's published work includes a notable case report titled "Symptomatic Severe Left Ventricular Dysfunction – COMBO (CRT-D) Device Implantation," published in the Journal of Medical Science and Clinical Research (March 2020). She has also presented research at national forums on the relationship between C-reactive protein and obstructive sleep apnoea, and rheumatological cases associated with underlying malignancy. These academic contributions demonstrate her interest in disease pathophysiology, early diagnosis, and evidence-based management. With a compassionate and patient-centred philosophy, she emphasises preventive and lifestyle medicine, empowering patients with guidance on diet, exercise, treatment adherence, and long-term disease control. She is fluent in English, Hindi, Kannada, and Malayalam, allowing seamless communication with individuals from diverse backgrounds and ensuring they feel supported and heard at every stage of care. With her strong foundation in internal medicine, critical care experience, and international clinical accreditation, Dr. Jyotsna Prashant stands as a dependable internal medicine specialist at Manipal Hospital Whitefield, offering holistic and ethical care for both acute and chronic medical conditions.

Fellowship & Membership

- KMC No: KRL20160000587KTK

Field of Expertise

- Expertise in diagnosis, treatment and care of critically ill patients, particularly cardiac, post-operative, and patients with multi-organ dysfunction

Languages Spoken

- English
- Kannada
- Hindi
- Malayalam

Talks & Publications

- A Case of Symptomatic Severe Left Ventricular Dysfunction - COMBO (CRT-D) Device Implantation - published in Journal of Medical Science and Clinical Research, March 2020.