

DR. SHIKHA HAJONG ROY

Associate Consultant - Obstetrics and Gynaecology

Qualification

MBBS | MS (OBG)

Overview

Dr. Shikha is a highly skilled Obstetrician and Gynaecologist in Bangalore, currently practising as Consultant - Obstetrician and Gynaecologist at Manipal Hospital Whitefield. She has an illustrious career spanning 11+ years in women's reproductive health and comprehensive patient care in Bangalore and Delhi. She is the foremost OBG specialist in Bangalore. Following her MBBS from Silchar Medical College (2006), Silchar, Assam, Dr. Shikha Hajong Roy went on to earn her MS - Obstetrics & Gynaecology from Assam Medical College (2013), Dibrugarh, Assam. After completing her MS, Dr Shikha worked as a Senior Resident with the Delhi Government for around 3 years before relocating to Bangalore. Currently, she is working as a Consultant - Obstetrics & Gynecology at Manipal Hospital Whitefield. Dr. Shikha is one of the best gynaecologists in Whitefield, she has built a strong reputation for her expertise in handling high-risk pregnancies, normal deliveries, and caesarean sections. She provides comprehensive care in both ante-natal and post-natal phases, ensuring the well-being of mothers and newborns. Her holistic approach to women's health covers both preventative measures and advanced

treatment options for conditions such as uterine bleeding, hormonal imbalances, menstrual disorders, and menopause-related conditions. Dr. Shikha's surgical proficiency includes performing complex procedures such as hysterectomy, myomectomy, ovarian cystectomy, ectopic pregnancy treatment as well as tubal ligation for diagnostic and therapeutic purposes. She provides specialized care for infertility, polycystic ovarian disorder (PCOD), adolescent gynaecology, sexually transmitted infections (STIs), and other gynaecological disorders. As a top gynaecologist in Whitefield, Dr. Shikha Hajong Roy plays a key role in the early detection and prevention of gynaecological cancers. She also educates patients about reproductive health, menstrual hygiene, sexual health, and disease prevention, and promotes general well-being. She also offers guidance and treatment options for women experiencing menopause-related symptoms - hot flashes, mood changes, and osteoporosis. In addition to her clinical expertise, Dr. Shikha Hajong Roy remains updated with the latest developments in her field through her active participation in national conferences and research publications, showcasing her commitment to advancing obstetric and gynaecological care. She also has memberships in organizations like the Bangalore Society of Obstetrics and Gynecology (BSOG) and the Federation of Obstetric and Gynecological Societies of India (FOGSI). Dr. Shikha speaks English, Hindi, Bengali, and Assamese, which allows her to connect with a wide range of patients from diverse linguistic backgrounds. A blend of clinical and surgical expertise, communication skills, and emotional intelligence sets her apart and makes her one of the finest assets of Obstetrics and Gynaecology in Bangalore.

Fellowship & Membership

- Member of FOGSI.
- Member of BSOG.

Field of Expertise

- Obstetrics And Gynaecology
- Ante Natal and Post Natal Care
- Normal Delivery
- Caesarian Section
- Uterine Bleeding
- High-Risk Pregnancy
- Gynecological Surgeries
- Menstrual Disorders
- PCOD
- Infertility

Languages Spoken

- Bengali
- Hindi
- Assamese
- English

Awards & Achievements

- Presented E Poster on Pregnancy with complete placenta previa and Meningioma-A case report in FOGSI POGS International virtual conference in 2020.
- Presented a paper on “Comparative study of Sublingual Vs Vaginal Misoprostol after Mifepristone in Early First Trimester Termination of Pregnancy” in FOGSI National Level Conference 2014.
- Presented a paper on “Thoraco-omphalophagus conjoint twin-A Case Report in FOGSI National level Conference in 2013.

- Presented Paper on “ A Study of Hypertensive Complication During Pregnancy in AMCH, Dibrugarh” in FOGSI East Zone Conference 2011.

Talks & Publications

- Published paper in The New Journal of OBGYN in 2019 in vol-5,no 2 on "Comparative study of sublingual versus vaginal misoprostol after Mifepristone in Early First Trimester abortion".