

DR. AKSHAYA KINAGI

Consultant - Internal Medicine

Qualification

MBBS | MD

Overview

Dr. Akshaya Kinagi is a popular internist in Whitefield Bangalore with several years of clinical experience as her backing. Dr. Akshaya Kinagi is associated with the Manipal Hospitals in Whitefield currently and is offering services in the role of a Consultant in Internal Medicine. She possesses the ability to apply her vast clinical expertise and scientific knowledge for accurate diagnosis, and treatment to take care of patients with simple health issues to complex medical conditions with compassion. This internist has an eye for detail to identify a broad spectrum of illnesses and is an expert in handling patients with long-term illnesses and challenging chronic conditions. She has a reputation for treating seasonal illnesses, complex medical conditions, and other health issues, as she excels in the arena of Internal Medicine, which is her field of expertise. Apart from treating and diagnosing patients, Dr. Akshaya Kinagi also specialises in coordinating healthcare activities, prescribing effective medication to tackle the symptoms associated with medical conditions, general medical practice, offering professional advice on nutrition and health, giving advice and information to safeguard against the pandemic or seasonal flu, and practising as a

family physician. She has 10-plus years of experience as an Internist, out of which she has served as a Physician Consultant alone for 8 years. Backed by immersive work experience, this doctor has been assisting families and individuals to stay healthy and disease-free. Dr. Akshaya is the best internist in Whitefield, Bangalore. Dr. Akshaya Kinagi completed her MBBS in 2011 and did her MD in General Medicine from the MRMC. She holds lifetime memberships at some of the prestigious educational institutions in the country like the Indian Medical Association. She is also an IAPC-certified professional in the field of Palliative Care Medicine offered by the reputed AIIMS in New Delhi. This specialist in Internal Medicine has also undergone extensive training in Diabetes and is certified by the Cleveland Clinic Advanced Certificate. Dr. Akshaya Kinagi has extensive work experience as she was a teaching faculty as well as a Senior Resident at the Bangalore KIMS from 2015 to 2016. She also performed as a Senior Resident at the New Delhi Sir Gangaram Hospital between 2016 and 2018. Then, she was associated with the Apollo Hospitals in Bangalore and performed the role of a Consultant Physician for four years between 2018 and 2021. Dr. Kinagi communicates in Hindi, English, and Kannada with her patients for a better understanding of their medical issues. Some of her research work and study papers are published in some renowned medical journals.

Fellowship & Membership

- Life Member -Indian Medical Association.
- Certificate from the Indian Association of Palliative Care (IAPC) in Palliative Care Medicine from AIIMS, Delhi.
- Training Certification from Cleveland Clinic Advanced Certificate course in Diabetes.

Field of Expertise

- Internal Medicine

Languages Spoken

- English
- Kannada
- Hindi

Talks & Publications

- Akshayakinagi, Sureshharsoor: Correlation of plasma fibrinogen with blood pressure, BMI, lipid profile and glycemic status in type II D M, JEMDS.2014, Dec;68(3).
- AkshayakinagiSuresh Harsoor“Association of postprandial hypertriglyceridemia and carotid atherosclerosis in patients with type 2 DMJ of Evolution of Med and Dent Sci/ eISSN-2278-4802, pISSN- 2278-4748/ Vol. 3/ Issue 66/Dec 01, 201411007.
- Akshayakinagisureshharsoor: A prospective study of the in-hospital outcome of an acute phase of STEMI with hyponatremia JEMDS.2014, Dec;67(3).