

DR. GARIMA AGGARWAL

Consultant - Nephrologist and Renal Transplant Physician

Qualification

MBBS | MD (Internal Medicine) | DM (Nephrology)

Overview

Dr. Garima Aggarwal is an accomplished nephrologist in Whitefield, Bangalore. She is currently practising as a Consultant – Nephrology and Renal Transplant Physician at Manipal Hospital Whitefield, bringing over 14+ years of clinical experience across advanced kidney care, renal transplantation, and critical care nephrology. Her clinical practice is centred on the management of complex kidney diseases, including advanced chronic kidney disease, reversible acute kidney injury, and a wide spectrum of glomerular disorders. She is extensively involved in renal transplantation, with hands-on experience in live-related and unrelated transplants, deceased donor programmes, and complex cases such as ABO-incompatible, high immunological risk, and multi-organ transplants. After completing her MBBS, Dr. Garima did her MD in Internal Medicine from the Himalayan Institute of Medical Sciences, where she was a gold medallist. She then pursued a DM in Nephrology with top rank from Amrita Institute of Medical Sciences. Her postgraduate training included extensive exposure to transplant immunology, interventional nephrology, dialysis technologies, and the care of highly complex renal and multi-organ transplant patients. She

further refined her academic and clinical depth through a clinical externship at Christian Medical College, Vellore, under Professor John Feehally, a globally recognised authority in nephrology. As one of the best nephrologists in Whitefield, Dr. Garima has played a key role in organising the first ABO-incompatible transplant at Manipal Hospitals Varthur Road unit, which makes her practice distinctively programme-driven rather than limited to individual case care. Her current responsibilities include conducting daily nephrology outpatient clinics, managing inpatient referrals, and performing a wide range of procedures such as renal and graft biopsies, permcath and haemodialysis catheter insertions, peritoneal dialysis catheter placements, and critical care nephrology interventions. Her earlier leadership roles involved managing large dialysis units, supervising DNB nephrology training programmes, and coordinating multidisciplinary transplant care pathways. Beyond clinical practice, Dr. Garima has a strong academic footprint. She is the editor of the Textbook of Nephrology – Understanding Kidney Diseases and co-editor of Renal Replacement Therapy by Jaypee Publishers. She is also a co-author of the National Guidelines on Anaemia of Chronic Kidney Disease in India, published in the Indian Journal of Nephrology. Her work includes multiple national and international publications, invited faculty roles at major conferences, and editorial and peer-review contributions to indexed nephrology journals. Being one of the best nephrologists in Whitefield, Dr. Garima has been recognised nationally for her contributions to kidney medicine, including being awarded by the Indian Medical Association for Academic Excellence in Kidney Care and being listed among the Best Nephrologists in South India by an independent jury. As one of the nephrologists in Whitefield, Bangalore, actively shaping both clinical standards and academic discourse, her work continues to bridge advanced patient care, transplant programme development, and national-level kidney health advocacy.

Field of Expertise

- Extensive expertise in the area of kidney diseases, renal transplants (including high-risk transplants), dialysis (hemo and peritoneal) and critical care nephrology.
- She is an expert in the management of acute kidney injury patients on hemofiltration
- Consequent to her work in different types of hospitals she has experience in the management of acute and chronic kidney disease.

Talks & Publications

- Invited as a speaker at Annual Conference of Association of Physicians of India (APICON)
- Topic- Extracorporeal therapies in sepsis - 9 Jan 2020
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- Indian J Nephrol- 2019
- Primary Extranodal Diffuse Large B Cell Lymphoma Masquerading as Acute Pyogenic Myositis: A Case Report
- Open Neph & Urology Journal- 23 July 2019
- Twitter-based Case conferences : an Online Learning Tool for Nephrologists,
- European Medical Journal – 12 July 2018
- Appointed Convener of Indian Medical Association Kidney Disease Prevention Project, 2018
- https://www.thehindubusinessline.com/news/science/kidney-related-diseases-almost-doubled-in-past-decade-ima/article22984009.ece
- Acute Kidney injury in children following cardiac surgery and its effect on outcome - Prospective study with 120 patients.
- American Society of Nephrology Annual Conference (Kidney Week 2016) at Chicago, United States.

- Successfully performed a rare Transhepatic Tunneled Hemodialysis Catheter insertion into Inferior Vena Cava as a lifesaving procedure for a patient with failed Vascular access- No other instance of this approach has been reported from India.
- Presented at the 6th Annual Congress of the Association of Vascular Access and Interventional Renal Physicians (AVATAR)
- Dr. Garima Aggarwal on Is peritoneal dialysis better than conventional hemodialysis for chronic kidney disease patients? | The Indian Express. Click Here
- Manipal Hospitals Varthur Road: Dr. Garima Aggarwal on Nourish Your Body: Ramadan 2024 Healthy Eating Tips For Fasting Muslims | HerZindagi. Click Here
- Manipal Hospitals Varthur: Dr. Garima Aggarwal on Exclusive: How Kidney Patients Can Fast During Ramadan Without Compromising Their Health | HerZindagi. Click Here
- Manipal Hospitals Varthur: Dr. Garima Agarwal on What to keep in mind while getting a keratin hair treatment done | India Today. Click Here
- Manipal Hospitals Varthur Road Commemorates World Kidney Day 2024 with Exclusive Event for Senior Citizens | The Print. Click Here
- Manipal Hospitals Varthur Road: Dr. Garima Agarwal on A transplant of sibling love...brother gifts his sister a new life | The Hans India. Click Here
- Doc ready to fly turns saviour for man who suffers heart attack. Click Here