



DR. TASNEEM NISHAH SHAH

Consultant - Obstetrics & Gynaecology

Qualification

MBBS | MS-OBG | DNB-OBG | FICOG | Diploma in Laparoscopy

Overview

Dr. Tasneem Nishah Shah is a renowned Gynaecologist based in Bangalore, Karnataka. She is highly qualified in Obstetrics and Gynaecology with degrees like MBBS, MS, DNB, and diplomas. She is an expert in handling high-risk and complicated pregnancies. She is also an expert in treating various diseases of female reproductive organs. She is the Consultant in Obstetrics and Gynaecology at Manipal Hospital located in the Whitefield area of Bangalore. She has talked to the Bangalore Mirror and Hindustan Times for their articles. Dr. Tasneem completed her MBBS in 1997 from the University Of Mysore. She was a Professor at the Department of Obstetrics and Gynaecology of the Vydehi Institute of Medical Science for a short period. She is an expert in dealing with pregnancy diseases, postdate pregnancies, high-risk pregnancy care, pregnancy of PCOD patients, and high blood pressure during pregnancy. She has counselled patients about pregnancy exercise, caring for infants during illness, and prenatal diagnosis. She has talked about managing pregnancy and diabetes together. She has performed gynaecological endoscopies and many types of early pregnancy scans as well. She has been a part of many embryo donor programs too. She received the Times Health Care Achievers Award in the Rising Star- Obstetrics and Gynaecology category in 2018. She did MS in Obstetrics and Gynaecology from the J.S.S Medical College in Mysore in 1999. Dr. Tasneem is one of the best gynaecologists in Whitefield, Bangalore. She has a life membership of the Indian Medical Association. She has written articles for medical journals like the European Journal of Obstetrics & Gynaecology and Reproductive Biology. Her case reports have been published by the British medical journal and the International Medical Journal. The famous Femina magazine interviewed her about how the COVID-19 lockdown affected the cases of PCOD in the country. She talked to the Bangalore Mirror about how the COVID-19 vaccine has protected pregnant women from the risk of getting COVID. She has a fellowship at the Indian College of Obstetrics and Gynaecology. She has successfully worked in counselling patients about infertility and gynaecology-related cancer, apart from other pregnancy risks. She attended the All India Congress of Obstetrics and Gynaecology conference in 2012. She won the Dr. C.S. Dawn Award for her presentation at the conference. She wrote a case report about uterovaginal anastomosis a long back. It was published in the European Journal of Obstetrics & Gynaecology and Reproductive Biology.

Fellowship & Membership

- Life member of Indian Medical Association
- Fellow of Indian College of Obstetrics and Gynaecology
- European Journal of Obstetrics & Gynaecology and reproductive Biology-174(2014),154-155, uterovaginal anastomosis for complete cervical agenesis and partial vaginal agenesis: a Case report
- European Journal of Obstetrics & gynaecology & Reproductive Biology

- A rare case of Lymphangioma Circumscriptum of vulva, British medical journal-Case reports 2011, doi:10.1136/bcr.01.2011.3729
- The technique of abdominal hysterectomy for non-puerperal uterine inversion.
- Non-descent vaginal hysterectomy for Benign gynaecological disease-A prospective study.2014.Vol 1.issue:8:Oct JEBMH
- The pattern of distribution of congenital anomalies in tertiary hospital- a prospective study International Medical Journal, Sept 2014;1(9):504-507

Field of Expertise

- Laparoscopic, Hysteroscopic and Robotic Gynae surgery

Languages Spoken

- English
- Kannada
- Tamil
- Hindi
- Malayalam
- Urdu

Awards & Achievements

- FOGSI-Dr C.S Dawn Prize for best paper presentation at ALL INDIA CONFERENCE(AICOG)
- Times Health care Achievers Award in Rising Star Category-Obst & Gynae -2018

Talks & Publications

- How Did The Lockdown Impact PCOS Cases In India? An Expert Weighs In- Dr Tasneem Nishah Shah, Consultant â Obstetrics and Gynaecology, Manipal Hospital, Whitefield. [Click Here](#)
- One lakh pregnant women shielded against covid-19 - Dr Tasneem Nishah Shah, Consultant â Obstetrics and Gynaecology, Manipal Hospital, Whitefield. [Click Here](#)
- Dr Tasneem Shah on Maternal mirror syndrome: Causes, symptoms, management, treatment of MMS | Hindustan Times | Bigyack.com | B2B Chief. [Click Here](#)
- Dr. Tasneem Shah on Finding balance: Nurturing mental health while being a mother | Hindustan Times | Today News 24. [Click Here](#)
- Dr. Tasneem Shah on Maternal depression and child development: Know the link | HealthShots. [Click Here](#)
- Dr. Tasneem Nishah Shah on Post-Pregnancy Care: Causes Of Back Pain And How To Manage It | Only My Health. [Click Here](#)