



DR. RASHMI KRISHNAN U.K

Consultant - Physical Medicine and Rehabilitation

Qualification

MBBS | M.D Physical Medicine and Rehabilitation

Overview

Dr. Rashmi Krishnan is a renowned doctor based in Bangalore who specialises in the field of Physical Medicine and Rehabilitation. She is associated with the Manipal Hospitals located in the Whitefield area of Bangalore as a Consultant in Physical Medicine and Rehabilitation. She has worked in this field for more than 10 years. She is skilled in rehabilitation after a stroke, brain injury, or other neurological issues. Dr. Krishnan initially pursued her MBBS from a well-reputed college and did an MD (Doctor of Medicine) with a specialisation in the subject of Physical Medicine and Rehabilitation. She has valuable expertise in neurological rehabilitation, rehabilitation after stroke, rehabilitation of children, rehabilitation after acquired brain injury, and also musculoskeletal rehabilitation. She is also an expert in ergonomics, a field related to treating awkward or sustained postures and issues arising from them. She has worked on cases of neurogenic bladder rehabilitation as well. She has also received a 'Certificate of Ergonomics' from the prestigious Colorado State University. She is also a part of the Kerala Chapter of Physical Medicine and Rehabilitation. It is an organisation of doctors who have completed their post-qualification in physical medicine and rehabilitation. She has earned a diploma in Physical Medicine and Rehabilitation as well. She is also an active member of the Indian Association of Physical Medicine and Rehabilitation. Dr. Rashmi is the best physical medicine specialist in Whitefield, Bangalore. She is a specialist in Physiotherapy with a valuable experience of 10 years of helping patients get better. She works on helping patients regain the ability to perform regular body functions that were lost due to the disease or injury. She helps patients restore their quality of life back to normal after going through life-changing illnesses. She has contributed her knowledge to a significant publication. Her article 'The Outcome of Hyperbaric Oxygen Therapy in Post-Covid Invasive Mucormycosis' was published in Volume 4, Issue 6 of the International Journal of Medical Science and Current Research in November-December 2021. Her field of work is related to helping patients get back to their normal life after being disabled due to diseases and injuries. During her career, she has worked on rehabilitating patients after battling critical injuries and ailments. She has also worked in the field of Paediatric Rehabilitation, which includes speech therapy and physical therapy of children to correct their postural alignment and reduce their elevated tone. The field also requires the use of assisted devices to help the children. She has worked on rehabilitation after brain surgeries and bladder surgeries as well. She speaks several local languages like Hindi, Kannada, Telugu, Tamil, and Malayalam, apart from English, which helps her communicate with patients better.

Fellowship & Membership

- Indian Association of Physical Medicine and Rehabilitation
- Kerala Chapter of Physical Medicine and Rehabilitation
- Certificate of Ergonomics: Colorado State University

Field of Expertise

- Neurological Rehabilitation
- Acquired Brain Injury Rehabilitation
- Stroke Rehabilitation
- Paediatric Rehabilitation
- Neurogenic Bladder Rehabilitation
- Ergonomics
- Musculoskeletal Rehabilitation

Languages Spoken

- English
- Kannada
- Malayalam
- Tamil
- Hindi
- Telugu

Talks & Publications

- The outcome of Hyperbaric Oxygen Therapy in Post-Covid Invasive Mucormycosis. Neha Mishra, Nitin Ram, Dheeraj Adiga, Rashmi Krishnan UK, Naveen Mathew Jose, Bathi Reddy, E.V Raman, Shalina Ray, Anoop Amarnath. International Journal of Medical Science and Current Research (IJMSCR). Volume 4, Issue 6, Page No: 753-756 November-December 2021.
- Dr. Rashmi Krishnan on Hyperbaric oxygen therapy: Breathe and heal with pure oxygen.[Click Here](#)
- Dr. Rashmi Krishnan UK on How does physiotherapy help in the growth of children with special needs? | News 18 Malayalam. [Click Here](#)