

MS. NITU TIWARY

Consultant - Clinical Psychology

Qualification

Masters in Clinical Psychology | M.phil in Clinical Psychology

Overview

Ms. Nitu Tiwary is a highly-qualified Clinical Psychologist with an experience of 9 years in the field of psychology and psychoanalysts. She has the degree of MPhil in Clinical Psychology and has worked at various reputed clinics and hospitals. She is a Consultant in Clinical Psychology at the Manipal Hospital located in the Whitefield area of Bangalore. She also works as a consultant and clinical psychologist at the Carewell Clinic in Bangalore. She did her MA in Psychology from the University Of Calcutta in 2008. Before that, she had done a BA in Psychology from the Gokhale Memorial Girls College in Kolkata, graduating in 2006. She became an active member of the Rehabilitation Council of India in 2010. Her MPhil degree provided her with the clinical skills required for treating and counselling patients with depression, anxiety, and various mental disorders. She has done her degree of MPhil in the field of Clinical Psychology from the University Of Calcutta in the year 2010. Dr. Nitu is an acclaimed clinical psychologist in Bangalore. She is highly skilled in conducting intelligence tests, personality assessment tests, assessments of psychological disorders, neurodevelopmental assessments, and childhood disorder assessments. She participated as a speaker at the IRACON, a national conference of Rheumatology, for three years- 2016, 2017, and 2018. She is a part of the Indian Psychoanalytic Society also.

She has helped her patients make career decisions, handle parental issues, and handle behaviour and thought problems. She knows Geriatric Healthcare, a specialised field of providing therapy to older adults, and has practised it for many years. She is a respected member of the Indian Association of Clinical Psychology, an association of clinical psychologists. She is an expert in Psychotherapy, personality assessment, and psychodiagnostic. While pursuing her master's degree, she won a Gold Medal in her final exams in the year 2008. She has worked as an Assistant Professor for 1 year at the Sweekar Rehabilitation Center. She has been practising as a Licensed Clinical Psychologist at the Sakra World Hospital for more than 4 years. She has worked in the field of solving various behavioural and thought problems. She has conducted neurophysiological assessments of her patients, which tests how well a person's brain works. She has also done relationship, career, and older adult counselling. She has also worked at a venture called Tranquil Minds for a few months. She is an expert in Cognitive Behavioral Therapy, which effectively treats anxiety, depression, and other severe mental illnesses.

Fellowship & Membership

- Indian Association of Clinical Psychology.
- Indian Psychoanalytic Society.
- Speaker for National Conference of Rheumatology (IRACON) 2016,2017,2018.

Field of Expertise

- Psychodiagnostics
- Psychotherapy
- Developmental and Intelligence Tests
- Neurodevelopmental and Childhood disorder Assessments

- Personality Assessments
- Neuropsychological Assessments
- Career Decision Making Assessments
- Assessments for Specific Psychological Disorders

Languages Spoken

- English
- Hindi
- Bangla

Awards & Achievements

- Gold Medalist from Calcutta University (Masters)