

DR. VARUN PAMIDI

Associate Consultant - Cardiothoracic, Vascular and Minimal Invasive Surgeon

Qualification

MBBS | MS | Mch (CTVS)

Overview

Dr. Varun Pamidi is a highly skilled cardiothoracic and vascular surgeon in Vijayawada. He is currently practising as an Associate Consultant - Cardiothoracic, Vascular and Minimal Invasive Surgeon at Manipal Hospital Vijayawada, bringing over a decade of progressive surgical training and hands-on experience in adult cardiac surgery, thoracic surgery, minimally invasive techniques, and advanced cardiac interventions. With a strong foundation in both open and minimally invasive cardiac procedures, he is recognised as one of the best cardiothoracic surgeons in Vijayawada for his precision-driven surgical approach, technical adaptability, and commitment to safe, patient-focused outcomes. Dr. Varun Pamidi’s medical journey reflects a steady and rigorous progression through core surgical disciplines into highly specialised cardiothoracic practice. He completed his MBBS from Dr. Pinnamaneni Siddhartha Institute of Medical Sciences & Research Foundation, followed by an MS in General Surgery from the same institution, where he gained strong exposure to both open and laparoscopic surgical procedures. His early surgical training laid a robust foundation in operative decision-making, perioperative care,

and emergency surgical management. He further advanced his expertise by completing his MCh in Cardiothoracic Surgery from Madras Medical College, Chennai, one of India's most respected centres for cardiothoracic training, where he was trained in high-volume, complex cardiac and thoracic procedures. During his practice tenure, Dr. Varun Pamidi has been actively involved in a wide spectrum of adult cardiac surgeries, including mitral valve replacement, aortic valve replacement, and coronary artery bypass grafting. He has also managed congenital cardiac conditions such as atrial septal defects, ventricular septal defects, and patent ductus arteriosus. His exposure to advanced cardiac care includes assisting in minimally invasive cardiac surgery, robotic cardiac surgery, heart and lung transplantation, and extracorporeal membrane oxygenation support, allowing him to develop a comprehensive understanding of modern cardiac surgical ecosystems. In thoracic surgery, Dr. Pamidi has demonstrated strong proficiency in both open and minimally invasive approaches. His experience includes thoracotomies, lobectomies, tracheal reconstruction, and video-assisted thoracoscopic surgery procedures such as VATS decortication. He has also been involved in airway surgeries and foreign body retrieval, particularly in complex and paediatric airway scenarios. This breadth of exposure enables him to manage cardiothoracic conditions with a multidisciplinary perspective, integrating surgical precision with postoperative respiratory and critical care planning. Dr. Pamidi has a keen academic inclination and has actively contributed to national surgical literature and conferences. His presentations span diverse and complex topics such as mesenteric leiomyoma, post-intubation tracheal stenosis, paediatric airway foreign body retrieval, and multidisciplinary management of rare malignancies. These academic contributions reflect his analytical thinking, research orientation, and interest in improving surgical protocols through shared clinical experience. His participation in national cardiothoracic forums highlights his engagement with evolving surgical standards and innovations. At Manipal Hospital Vijayawada, Dr. Varun Pamidi is known

for his methodical clinical assessments, transparent communication with patients and families, and collaborative approach with cardiologists, intensivists, anaesthesiologists, and nursing teams. He places strong emphasis on patient education, preoperative counselling, and postoperative recovery planning, ensuring that patients are well-informed and supported throughout their surgical journey. His calm demeanour and structured approach are particularly valued in high-risk cardiac and thoracic cases. With a growing interest in minimally invasive cardiac surgery, robotic cardiac techniques, wire-based interventions such as angiography, transcatheter aortic valve replacement, MitraClip procedures, and hybrid surgical approaches, Dr. Pamidi continues to refine his skills in line with the future of cardiothoracic care. His vision is centred on delivering safer surgeries, faster recovery, and durable long-term outcomes through innovation, evidence-based practice, and continuous learning. These qualities have contributed to his reputation as one of the best cardiothoracic surgeons in Vijayawada, trusted for both complex cardiac care and advanced thoracic interventions.

Field of Expertise

- Minimaly invasive cardiac surgery
- Robotic cardiac surgery
- Wire ski ls - Angiography
- TAVR
- Mitra clip Hybrid procedures Endovascular procedures Thoracic surgery
- Thoracotomies ,Lobectomies, Tracheal reconstruction, VATS decortication
- ASD, VSD & PDA
- Mitral valve replacement , Aortic valve replacement & CABG

Languages Spoken

- English
- Telugu
- Hindi
- Tamil

Talks & Publications

- E-poster 2016 - Mesenteric Leiomyoma Presenting As A Gaint Cyst – Apasicon 2016, Vizag
- Paper 2016- Recurrent Intracranial And Sinonasal Adenoid Cystic Carcinoma– Multi Disciplinary Management – Apasicon -2016, Vizag
- E - Poster 2021 - Foreign Body Retrieval From Lower Airway In Paediatric Population Below Eight Years Under Single Lumen
- Endotracheal Tube Intubation Variable Presentations And Our Experience - Iacts 2021
- Paper 2022 - Post Intubation Tracheal Stenosis - A Single Institute Experience Over 8 Years - Iacts 2022