DR. UDAYA SHANKAR

Consultant – Neurology

Qualification

MBBS | DM Neurology (NIMHANS)

Overview

Dr. Udaya Shankar is known for his strong clinical expertise, excellent interpersonal skills, and dedication to advancing neurological knowledge and patient well-being. He is currently serving as a Consultant – Neurology at Manipal Hospital Varthur Road. He comes with 25 years of post-DM clinical experience, registered with the Karnataka Medical Council and a life member of the Indian Academy of Neurology. He is fluent in Kannada, English, Hindi, Telugu, and Tamil and has demonstrated outstanding academic performance during his MBBS at Bangalore Medical College, achieving distinctions in Ophthalmology, Anatomy, Physiology, and Biochemistry, as well as securing the 11th rank in the Karnataka PG CET examination. He later earned his DM in Neurology from the prestigious NIMHANS in Bangalore. Throughout his extensive career, Dr. Shankar has practiced at major healthcare institutions across Bangalore, where he has headed the Department of Neurology. His academic leadership includes serving as an Assistant Professor of Neurology at Kasturba Medical College (KMC), Mangalore, working as an accredited DNB Neurology teacher guiding thesis preparation, and conducting

dedicated Headache and Neuro-ophthalmology Clinics at Narayana Nethralaya. Additionally, he has organized stroke conferences, delivered CME lectures for physicians and students, and authored research articles in peer-reviewed journals such as Clinical Neurology and Neurosurgery and the Annals of Indian Academy of Neurology. Dr. Shankar specializes in Headache Neurology, Cognitive Neurology, and Movement Disorders. His clinical practice encompasses the evaluation and management of neurological conditions, including headache, dizziness, memory loss, nerve pain, muscle weakness, stroke, epilepsy, tremors, Parkinsonism, and sleep disorders. Inpatient care covers stroke, epilepsy, neck pain, back pain, meningitis, comatose states, and repetitive seizures. He offers specialized evaluation of headaches, memory disorders, dizziness, gait imbalance, dementia syndromes, and chronic headache syndromes. He is an expert in interpreting ENMG, EEG, and multimodality evoked potentials. Furthermore, he performs Needle EMG, analyzes sleep studies, and assesses patients for Deep Brain Stimulation surgery in Parkinson's disease cases.

Fellowship & Membership

- Karanataka Medical Council KMC (38094)
- Life Member, Indian Academy of Neurology

Field of Expertise

- Evaluation and management of neurological conditions including headache, dizziness, memory loss, nerve pain, muscle weakness, stroke, epilepsy, tremors, Parkinsonism, and sleep disorders.
- Management of neurological inpatients with conditions such as stroke, epilepsy, neck pain, back pain, meningitis, comatose states, and repetitive seizures.

- Specialised evaluation of headaches, memory disorders, dizziness, and gait imbalance.
- Expert interpretation of ENMG, EEG, and multimodality evoked potentials.
- Proficient in performing needle EMG and analysing sleep study reports.
- Evaluation and management of dementia syndromes and persistent chronic headache syndromes.
- Assessment of patients for Deep Brain Stimulation (DBS) surgery in Parkinson's disease

Languages Spoken

- Kannada
- English
- Hindi
- Telugu
- Tamil

Awards & Achievements

- Dr. Udhaya Shankar has consistently demonstrated excellent academic performance throughout his MBBS and DM (Neurology)
- He completed his MBBS from Bangalore Medical College, securing distinction in Ophthalmology, Anatomy, Physiology, and Biochemistry
- He also secured the 11th Rank in the Karnataka PG CET examination
- He pursued his DM in Neurology from NIMHANS, Bangalore, a premier and renowned institute for neurosciences.
- He served as an Assistant Professor of Neurology at Kasturba

Medical College, Mangalore. During his tenure at Narayana Hospital, Bommasandra, he headed the Department of Neurology and was an accredited DNB Neurology Teacher

- He successfully guided DNB Neurology students in thesis preparation and actively participated in academic and teaching programs. Additionally, he conducted dedicated Headache and Neuro-ophthalmology Clinics at Narayana Nethralaya, Bangalore, for several years.

Talks & Publications

- Dr. Udhaya Shankar has actively participated in numerous Continuing Medical Education (CME) programs and has delivered lectures for physicians and neurology students. He was actively involved in organizing Stroke Conferences during his tenure at Narayana Hospital.
- He has also published research articles in the Annals of the Indian Academy of Neurology and other reputed peer-reviewed journals.
- Publications: Chauhan B, Philip VJ, Shankar USC. Late-onset reversible cortical blindness following electrocution. Clinical Neurology and Neurosurgery. 2015;139:311–313.
- Udaya SC, Chauhan BN, Philip VJ. Bright splenium of a psychotic mind. Annals of Indian Academy of Neurology. 2015;18:80–83.