



## **DR. ARAVIND K**

Associate Consultant - Paediatrics Intensive Care

### **Qualification**

MBBS | DNB (Paediatrics) | IDPCCM | PDF PICU

### **Overview**

Dr. Aravind K is a dedicated and compassionate paediatrician with specialised training in Pediatric Intensive Care Medicine. He has recently completed his fellowship (IDPCCM/Postdoctoral Fellowship) at Christian Medical College, Vellore. With a strong academic foundation that includes a DNB in Pediatrics and an MBBS degree, he brings a well-rounded clinical perspective backed by hands-on experience across critical care and general paediatrics. He is currently serving as Associate Consultant - Paediatrics Intensive Care at Manipal Hospital, Varthur Road. He has developed significant expertise in managing critically ill children, including cases involving respiratory distress, sepsis, and multi-organ dysfunction. His procedural proficiency spans essential pediatric interventions such as intubation, lumbar puncture, central line insertion, and intraosseous access, making him highly capable in high-pressure ICU settings. Dr. Aravind's professional journey includes roles as a Senior Registrar in a Pediatric Cardiac ICU, where he managed post-operative cardiac patients and collaborated closely with multidisciplinary teams. His experience also extends to emergency care as a Resident Medical Officer and pediatric

consultations through telemedicine as a Junior Consultant, demonstrating adaptability across diverse healthcare environments. In addition to clinical excellence, he is committed to preventive paediatrics, with strong knowledge of growth monitoring, immunisation practices, and community health initiatives. His empathetic communication style ensures both children and their families receive holistic and patient-centred care. Academically inclined, Dr. Aravind actively participates in conferences, workshops, and research presentations, with certifications in Neonatal Advanced Life Support and Basic Life Support. His ongoing pursuit of MRCPCH further reflects his commitment to continuous learning and professional growth. Overall, Dr. Aravind K stands out as a skilled, reliable, and forward-thinking pediatric intensivist, dedicated to delivering evidence-based care and contributing meaningfully to multidisciplinary healthcare teams.

### **Fellowship & Membership**

- Indian Diploma In Pediatric Critical Care Medicine, CMC Vellore
- Post Doctoral Fellowship in PICU CMC Vellore

### **Field of Expertise**

- Advanced mechanical ventilation (conventional, HFOV, NIV troubleshooting)
- Sepsis & septic shock management
- Acute kidney injury & CRRT in PICU
- Sedation, analgesia & delirium management
- Post-operative & trauma critical care
- Airway management & difficult intubation
- Point-of-care ultrasound (POCUS)

## Languages Spoken

- English
- Tamil
- Kannada
- Hindi