

MS. TANVI BHATNAGAR

Consultant - Clinical Psychologist

Qualification

MPhil (Clinical Psychology) | MA Psychology | BA (Hons) Psychology

Overview

Miss Tanvi Bhatnagar is a licensed clinical psychologist with extensive experience in assessing and treating a wide range of mental, emotional, and behavioural concerns across diverse populations. She is currently serving as Consultant - Clinical Psychologist at Manipal Hospitals, Varthur Road. Her work spans both clinical and academic settings, where she has consistently demonstrated expertise in delivering evidence-based psychological care and interventions. She has significant experience conducting outpatient consultations for individuals presenting with conditions such as mood disorders, anxiety, adjustment difficulties, and relationship concerns. Her role involves comprehensive psychological and neuropsychological assessments for adults, children, and couples, alongside the development and implementation of tailored treatment plans. She is skilled in providing individual, couple, and family therapy, as well as offering continued care through both in-person and virtual consultations. In addition to therapy, she has been actively involved in managing inpatient cases, coordinating multidisciplinary care, and providing psychological support in acute and critical care contexts. Her ability to collaborate

with cross-functional medical teams highlights her holistic approach to mental health care, especially in addressing the psychological dimensions of physical illnesses. Her experience also includes working with students and young adults, where she has conducted individual and group interventions, crisis management, and mental health awareness initiatives. She has contributed to long-term psychotherapeutic work in outpatient settings and provided behavioural interventions for children with special needs as part of multidisciplinary teams. Earlier in her career, she gained foundational experience through intensive clinical training and school counselling, where she supported students facing academic, emotional, and behavioural challenges, while also engaging with parents for guidance and psychoeducation. Overall, her profile reflects a well-rounded clinician committed to continuous learning and delivering comprehensive, patient-centred mental health care.

Field of Expertise

- Clinical Psychology
- Couples & Family Therapy

Languages Spoken

- English
- Hindi