



DR. SANDEEP GOTTEGERE BALASUBRAMANYAM

Consultant and HOD - Critical Care Medicine

Qualification

MBBS | MD | DNB (Anaesthesiology) | FNB (Critical Care Medicine) |
European Diploma in Intensive Care Medicine

Overview

Dr. Sandeep Gottegere Balasubramanyam is a highly skilled Consultant ICU specialist with extensive training and hands-on experience in critical care medicine and anaesthesiology, currently working as a HOD and Consultant, ICU at Manipal Hospital, Varthur Road. He holds an MBBS degree along with MD and DNB qualifications in Anaesthesiology, and has further advanced his expertise through a Fellowship in Critical Care Medicine (FNB). His strong academic foundation is complemented by years of clinical exposure in high-acuity hospital settings across India. Dr. Sandeep completed his postgraduate training in Anaesthesiology from Narayana Medical College, Nellore, and later pursued advanced fellowship training in Critical Care Medicine. Over the years, he has worked with reputed institutions, where he managed critically ill patients requiring advanced life support and multidisciplinary ICU care. His clinical expertise spans ventilatory management, advanced airway management, invasive and non-invasive monitoring, ultrasound-guided procedures, ECMO support, and central and regional anaesthesia techniques. Dr. Sandeep is proficient in handling complex ICU scenarios including sepsis, ARDS, multi-organ

dysfunction, and post-operative critical care. He is also certified in BLS, ACLS, and PALS, ensuring evidence-based and protocol-driven emergency care. Actively inclined towards academics and research, Dr. Sandeep has contributed to clinical research with published work in international medical journals. His research interests include critical care outcomes, anaesthesia pharmacology, and critical illness-related complications. He also regularly conducts academic sessions and participates in training programs for medical professionals. Known for his calm approach, precision, and patient-focused care, Dr. Sandeep Gottegere Balasubramanyam plays a vital role in delivering timely, ethical, and high-quality intensive care services. His commitment to continuous learning and clinical excellence makes him a trusted name in critical care and ICU management.

Fellowship & Membership

- Member of Indian Society of Critical Care Medicine
- Member of European Society of Intensive Care Medicine

Field of Expertise

- Basic And Advanced Cardiac Life Support (BLS & ACLS)
- Difficult Airway Management, Including Nasal And Retrograde Intubations
- Percutaneous Tracheostomy
- Percutaneous Cricothyroidotomy
- Intercostal Drainage (Icd) Placement
- Management Of Advanced Dialysis Modalities, Including Crtr
- Infection Control Practices And Antimicrobial Stewardship
- Bronchoscopy
- Advanced Hemodynamic Monitoring And Management Of Shock
- Ultrasound-guided Invasive Line Placement (Central Venous

- Lines And Pulmonary Artery Catheters)
- Point-of-care Ultrasound (Lung, Cardiac, Abdominal Screening, Fast, And Transcranial Doppler)
 - Lung Ultrasound, Abdominal Ultrasound, And Fast Screening
 - Management Of Post-transplant Patients
 - Management Of Complex Trauma Cases
 - Neurocritical Care And Traumatic Brain Injury Management
 - Extracorporeal Life Support (VA ECMO And VV ECMO)
 - Advanced Ventilatory Management For ARDS
 - Conducting Academic Sessions

Languages Spoken

- English
- Kannada
- Telugu
- Tamil
- Hindi

Awards & Achievements

- Faculty and speaker for multiple fellowship programs in Critical Care Medicine on several occasions
- Actively involved in training students in ultrasound screening and procedural skills
- Dedicated instructor for IDCCM students and the IDCCN nursing course

Talks & Publications

- Acute Pancreatitis, A Complication Of Acute Hepatitis E

Infection, Published in international journal of current research,
vol.8, issue, 12pp.43009 - 43011, December 2016