

DR. ROHIT N MAIDUR

Consultant - Medical Gastroenterology

Qualification

MBBS | MD (Internal Medicine) | DNB (Medical Gastroenterology)

Overview

Dr. Rohit N. Maidur is a highly accomplished gastroenterologist in Bangalore. He is currently working as a Chief Consultant - Medical Gastroenterology and Hepatology at Manipal Hospitals Varthur Road, Bangalore. With over 15 years of clinical experience, he brings expertise in the diagnosis, management, and treatment of gastrointestinal and liver diseases, offering comprehensive care to patients with complex digestive and hepatic conditions. His career reflects a rare balance of advanced clinical practice, dedicated teaching, and active research contributions that have enriched the field of gastroenterology both in India and abroad. Having earned his MBBS from Mysore Medical College, followed by MD in Internal Medicine from Karnataka Institute of Medical Sciences, Hubli, and a DNB in Medical Gastroenterology from the prestigious Nizam’s Institute of Medical Sciences, Hyderabad, Dr. Rohit has built a strong academic foundation. His training years allowed him to gain exposure to challenging cases in hepatology, critical care of cirrhosis, and advanced endoscopy. During his residency and fellowship, he also developed specialised skills in pancreatology, IBD management, and

liver disease outcomes research, which continue to shape his clinical practice. At Manipal Hospitals, Varthur, Dr. Rohit's expertise covers a wide range of subspecialties within gastroenterology and hepatology. He is proficient in managing viral hepatitis (B and C), acute liver failure, and chronic liver diseases, with an emphasis on patient-centred approaches such as education, counselling, and nutritional guidance. His work in hepatology has also extended to transplant-related care, as he earlier shouldered the responsibility of managing the Liver Clinic at Hyderabad, which runs a deceased-donor liver transplant programme. Dr. Rohit is also highly skilled in diagnostic and therapeutic GI endoscopy. His expertise spans emergency procedures such as GI bleed management and foreign body removal, as well as advanced therapeutic procedures, including ERCP, EUS, and third-space endoscopy. He performs around four ERCPs weekly and is adept in therapeutic EUS, making him one of the few specialists in Bangalore with significant hands-on expertise in advanced endoscopic interventions. Before joining Manipal Hospital Varthur, Dr. Rohit held senior teaching and consultant positions. He served as Associate Professor and later Assistant Professor at a renowned College of Medical Sciences, Dharwad, where he trained postgraduate students and fellows in gastroenterology and hepatology. His academic career is distinguished by his commitment to knowledge-sharing, having taken active roles in conducting lectures, clinical demonstrations, and workshops for medical students, residents, and nursing staff. His research portfolio is equally impressive, with multiple publications in peer-reviewed international and national journals, particularly in hepatology and inflammatory bowel disease. Notably, he has co-authored landmark studies on hepatocellular carcinoma (HCC), portal hypertension due to genetic disorders, and the outcomes of cirrhotic patients in critical care. He has also contributed to global discussions through poster presentations at international conferences, including the International Digestive Disease Forum in Hong Kong and the Asia-Pacific Association for the Study of Liver Disease. In recognition of his

academic and clinical excellence, Dr. Rohit has been an active member of leading professional associations, including the Indian National Association for the Study of the Liver (INASL), the Indian Society of Gastroenterology (ISG), and the Society of Gastrointestinal Endoscopy of India (SGEI). His organising roles in conferences such as ISGKCON 2022 and World Hepatitis Day programmes highlight his dedication to professional development and community awareness. Known for his empathetic patient care, clear communication, and commitment to medical education, Dr. Rohit is regarded as a physician who combines clinical acumen with a compassionate approach. At Manipal Hospital, Varthur, he continues to deliver advanced gastroenterology and hepatology services while contributing to the broader vision of improving healthcare outcomes through clinical excellence, education, and innovation.

Field of Expertise

- Hepatology.
- Management of viral hepatitis B/C, ALF, CLD of multiple causes and its complications.
- Being part of programmes for awareness of hepatitis B/C and vaccination.
- Active role in taking classes for nursing students, medical postgraduate students, and nursing staff.
- role in the prevention and management of viral infections.
- Patient counselling and education about nutrition, care and outcome of liver diseases.
- Shouldered the responsibility of managing the Liver clinic at Nizam’s Institute of Medical Sciences, Hyderabad, which runs the liver transplant programme (DDLT).
- GI Endoscopy.
- Well-versed in diagnostic and therapeutic UGI and LGI endoscopy.

- Management of emergent conditions like GI bleeding and foreign body removal.
- Training younger colleagues in diagnostic and therapeutic endoscopy techniques as part of
- the curriculum.
- Advanced diagnostic and therapeutic endoscopy.
- Third Space Endoscopy.
- ERCP – Performing around 4 procedures per week.
- EUS -Performing diagnostic and therapeutic EUS.
- Pancreatology: Management of pancreatic disorders and their complications.
- IBD: Management of IBD, Shouldered the responsibility of running the IBD clinic at Nizam's Institute of Medical Sciences, Hyderabad.

Languages Spoken

- Kannada
- English
- Hindi
- Telugu

Awards & Achievements

- Secured second prize in a debate competition held on the occasion of world hepatitis day 2016.
- Regional level round of the Indian Society of Gastroenterology Torrent Young Scholar Award, Kolkata, in October 2016.

Talks & Publications

- Kumar Pramod, Maidur Rohit, Channagiri Adarsh, Nischay, Patil Chandrashekhar, Krishna Pradeep et al (2024). Lenvatinib Maintenance Therapy After Complete Response to Atezolizumab Plus Bevacizumab in Hepatocellular Carcinoma and Portal Vein Tumoral Thrombosis: Alternative Strategy in a Resource-limited Setting. Journal of Clinical and Experimental Hepatology, Volume 15, Issue 2, 102455.
- Kumar, Pramod & Krishna, Pradeep & Maidur, Rohit & Chandrashekhar, Naveen & Raghavaiah, Suresh. (2024). Durable complete response after discontinuation of atezolizumab-bevacizumab therapy in patients with hepatocellular carcinoma with portal vein tumour thrombosis: the first report. Journal of Liver Cancer. 10.17998/jlc.2024.09.26.
- Kumar P, Maidur R, Varakanahalli SK, Krishna P, Sandhya V. Portal Hypertension Due to TULP3-related Ciliopathy: First Report From the Asia-Pacific Region. J Clin Exp Hepatol. 2024 Nov-Dec;14(6):101478. doi: 10.1016/j.jceh.2024.101478. Epub 2024 Jul 4. PMID: 39183737; PMCID: PMC11339038.
- Oli AK, Maidur RN, Hurkadli PS, Javalgi AP, Javaregowda PK, Goni M. Incidence of Inflammatory bowel disease: A Single centre retrospective study. Arq. Gastroenterol. 2022 Jul-Sep;59(3):345-351. doi:10.1590/S0004-2803.202203000-63. PMID:36102430.
- Rohit N Maidur, Sukanya B, Raghavendra Y, Ajitkumar S. “Prospective evaluation of factors affecting the outcome in cirrhotic patients requiring intensive care.” IJCRR, Jan 2021, Vol 13, Issue 1, Pg 63-67.
- Sukanya Brugu, Bubun Patel, Nayana Joshi, Raghvendra Y, Rohit Maidur, Gaurav R, Ajitkumar D. AAs in Genotypes 1 and 4 of Chronic Hepatitis C – A Real World Experience, JCEH, Jul 2016, vol 6, supplement 1, pg S19.
- Bubun Patel, Sukanya Brugu, Raghavendra Y, Nayana J, Rohit

Maidur, Gaurav R, Ajit Kumar. DAAs in Genotypes 2 and 3 of Chronic Hepatitis C – A Real World Experience, JCEH, Jul 2016, vol 6, supplement 1, pg S19.

- Nikhil S, B. Sukanya, Y. Raghavendra, S. Sandip, V. Kunal, M. Rohit, K. Ajit. Outcome of esophageal dilatation by Savary Gilliard Dilators without fluoroscopy guidance, CGH, Jul 2015, vol 13, Issue 7, Pg e102.
- Kunal V, K. Ajit, B. Sukanya, Y. Raghavendra, Joshi N, Nikhil, R. Maidur, K. P. Bubun. Serum Cholinesterase – An old wine in a new bottle! A marker to differentiate cirrhotic from non-cirrhotic portal hypertension, CGH, Jul 2015, vol 13, issue 7, Pg e116-117.