

DR. SARANYA SASIKUMAR

Associate Consultant - ENT

Qualification

MBBS | DNB - ENT | MRCS (UK)

Overview

Dr. Saranya Sasikumar is an experienced ENT, Head & Neck Surgeon in Bangalore. She is currently practicing as an Associate Consultant - ENT at Manipal Hospital Varthur Road, Bangalore. With a strong foundation in medicine and surgery, Dr. Saranya has established herself as a skilled ENT surgeon with expertise in both routine and complex otorhinolaryngological procedures. She holds an MBBS, DNB (ENT), and is a Member of the Royal College of Surgeons (MRCS), Edinburgh, UK. Her clinical acumen is supported by years of practical experience, enabling her to provide comprehensive care to patients with conditions affecting the ear, nose, throat, and related structures of the head and neck. Dr. Saranya specialises in endoscopic surgeries of the ear, nose, and sinuses using minimally invasive techniques that ensure quicker recovery and less postoperative discomfort. Her core areas of expertise include adult airway procedures, microlaryngeal surgeries, salivary gland disorders, management of allergic rhinitis, and coblation-assisted adenotonsillectomy. She is also trained in managing voice disorders, vertigo, and balance-related conditions, having undergone advanced certification in the field. Over the years, Dr. Saranya has successfully

managed numerous cases of chronic sinusitis, recurrent throat infections, hearing loss, nasal obstructions, and vocal cord issues. Her ability to tailor treatment plans specific to the individual needs of each patient sets her apart as a compassionate and results-driven practitioner. She approaches each case with precision, combining clinical expertise with advanced technology to achieve optimal outcomes. Dr. Saranya has also made significant contributions to the academic and scientific community. Her research has been published in reputed medical journals. She authored a paper titled “A Rare Case of Post-Inflammatory Lateral Stenosis of External Auditory Canal and Its Management”, published in the Indian Journal of Otolaryngology and Head & Neck Surgery. Another notable work includes her publication on “A diagnostic dilemma in chronic invasive fungal sinusitis”. Her dedication to continued learning and professional development is reflected in her active participation in national workshops, surgical training courses, and medical conferences. In her previous academic role, Dr. Saranya was involved in mentoring medical students and junior doctors, contributing to surgical training programs and clinical audits. She is committed to excellence in both patient care and the broader medical community. She believes that continuous education and innovation in surgical techniques are vital to improving healthcare delivery. Her patient-friendly approach includes taking time to listen to concerns, clearly explaining diagnoses and procedures, and offering reassurance through every step of the treatment journey. Whether it’s managing common ENT issues or performing advanced head and neck surgeries, Dr. Saranya ensures each patient receives personalised and evidence-based care. Dr. Saranya Sasikumar is fluent in English, Kannada, Hindi, and Malayalam, enabling her to connect effectively with a diverse patient population.

Fellowship & Membership

- Member of the Royal College of Surgeons of Edinburgh

Field of Expertise

- Endoscopic Surgeries: Expertise in Endoscopic ear, nose, and sinus surgeries, utilising advanced technology for precise and minimally invasive procedures.
- Comprehensive Management of ENT Disorders: From common colds and sinus infections to complex conditions like hearing loss and balance disorders.
- Head and Neck Surgeries: Skilled in performing intricate surgeries for several head and neck conditions.
- Adult Airway Procedures: Expertise in managing airway conditions, including emergency and elective tracheostomy.
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- Microlaryngeal Surgeries: Precision surgery for voice disorders, including vocal cord nodules, cysts, and polyps.
- Allergic Rhinitis Management: Diagnosis and treatment of allergic rhinitis, including medical and surgical interventions.
- Coblation-Assisted Adenotonsillectomy: A Minimally invasive surgical technique for tonsil and adenoid removal.
- Salivary Gland Disorder Management: Treatment of salivary gland stones and other conditions.
- Vertigo and Balance-Related Conditions: Expert care for patients experiencing dizziness, vertigo, and balance problems.
- Dr. Saranya has undergone a comprehensive course on vertigo and balance disorders from the renowned Yenapoya university enhancing her expertise in this specialised field.

Languages Spoken

- English
- Kannada

- Hindi
- Malayalam

Talks & Publications

- A Rare Case of Post-Inflammatory Lateral Stenosis of External Auditory Canal and Its Management with Review of Literature | Published in the Indian Journal of Otolaryngology and Head & Neck Surgery | DOI: 10.1007/s12070-020-02203-2
- A diagnostic dilemma in chronic invasive fungal sinusitis | Published in the Indian Journal of Otolaryngology and Head & Neck Surgery.