

DR. PAVITH JANARDHAN T

Associate Consultant - Orthopaedics Surgeon

Qualification

MBBS | MS (ORTHO) | DNB (ORTHO) | FRGUHS (ARTHROPLASTY)

Overview

Dr. Pavith Janardhan T is an best orthopaedic specialist in Bangalore. He is currently practising as an Associate Consultant - Orthopaedics at Manipal Hospital Varthur Road, Bangalore. With extensive expertise in managing various musculoskeletal conditions, he is highly skilled in trauma care, joint replacement surgeries, arthroscopic procedures, and paediatric orthopaedics. Dr. Pavith specialises in treating complex fractures, joint disorders, sports injuries, and degenerative conditions affecting the spine and extremities. His surgical expertise encompasses advanced trauma fixation techniques, minimally invasive joint replacement procedures, ligament reconstructions, and deformity corrections. With a keen focus on patient-centred care, he employs the latest advancements in orthopaedics to ensure optimal recovery and long-term joint function. His academic journey includes an MBBS and a Master of Surgery (MS) in Orthopaedics, complemented by a Diplomate of the National Board (DNB) in Orthopaedics. To further refine his surgical proficiency, he completed a Fellowship in Arthroplasty (FRGUHS), specialising in hip, knee, and shoulder replacement. His dedication to continuous learning is evident in his active participation

in orthopaedic research, specialised training programs, and contributions to scientific publications. Dr. Pavith is particularly interested in robotic-assisted joint replacements, a cutting-edge approach that enhances surgical precision and patient outcomes. His expertise extends to revision joint replacement surgeries, ensuring patients with failed implants receive the most effective corrective treatments. He is also proficient in treating pediatric orthopaedic conditions, including congenital deformities and traumatic injuries, offering specialised care for growing children. In addition to his clinical expertise, Dr. Pavith is committed to sports medicine, focusing on ligament reconstruction, meniscus repair, and rehabilitation strategies for athletes. His approach integrates non-surgical and surgical treatment modalities, prioritising minimally invasive techniques that promote faster recovery. Whether treating professional athletes or individuals with everyday musculoskeletal concerns, his patient-first philosophy ensures comprehensive and customised care. Beyond his surgical practice, Dr. Pavith emphasises preventive orthopaedics and patient education. He believes in empowering individuals with the knowledge to maintain joint health, prevent injuries, and manage conditions such as arthritis effectively. His commitment to excellence and compassionate approach have earned him the trust of his patients and recognition within the orthopaedic community. Fluent in English, Kannada, Hindi, and Telugu, Dr. Pavith ensures seamless communication with patients from diverse linguistic backgrounds. His ability to explain complex orthopaedic conditions clearly and reassuringly fosters confidence, making the treatment journey comfortable for individuals of all ages.

Fellowship & Membership

- Karnataka Orthopaedic Association(KOA)
- Indian Arthroplasty Association(IAA)
- Indian Orthopaedic Association(IOA)

Field of Expertise

- Trauma and complex fracture fixation
- Arthroplasty and joint replacements
- Robotic joint replacements
- Arthroscopy, Ligament reconstruction and Sports injuries
- Paediatric injuries and deformity correction
- Spine

Languages Spoken

- English
- Kannada
- Hindi
- Telugu

Talks & Publications

- Pavith T Janardhan, Manjunath S Japatti Comparative study of efficiency of PFN vs PFNA-II (Asian) in Intertrochanteric femur fracture with deficient lateral wall-prospective interventional study Nat J Clin Orthop https://doi.org/10.33545/orthor.2021.v5.i1b.305