

DR. LAKSHMI S. SUBEDAR

Consultant - Pulmonology & Respiratory Medicine

Qualification

MBBS | MD Pulmonary Medicine | DNB Pulmonary Medicine

Overview

Dr. Lakshmi S. Subedar is the Best Pulmonologist in Varthurroad, Bangalore who specialises in diagnosing and treating a wide range of respiratory conditions. She is currently practising as a Consultant - Pulmonary Medicine at Manipal Hospitals Varthur Road, Bangalore. With more than six years of clinical experience, Dr. Subedar is recognised for her expertise in various interventional pulmonary procedures. Dr. Lakshmi Subedar completed her MBBS from Government Mysore Medical College in Mysore, followed by an MD in Pulmonary Medicine from Government Stanley Medical College in Chennai. She further advanced her training with a Diplomate of National Board (DNB) certification in Pulmonary Medicine, adding to her extensive qualifications in this field. Dr. Lakshmi S. is a gold medalist awarded for her exceptional academic performance in the MD Pulmonary Medicine examination conducted by The Tamilnadu MGR Medical University. Dr. Lakshmi’s areas of specialisation include the management of bronchial asthma, chronic obstructive pulmonary disease (COPD), interstitial lung diseases (ILD), and sleep medicine. She has extensive experience conducting and interpreting sleep

studies, including assessments for obstructive sleep apnea and other sleep-related respiratory conditions. Her expertise in interventional pulmonology allows her to perform complex procedures such as video and conventional bronchoscopy, pleural fluid aspirations, and therapeutic and diagnostic thoracoscopy, pigtail catheterization, ultrasound guided biopsies. In her practice, Dr. Lakshmi S. employs a comprehensive approach to patient care, combining advanced diagnostic tools with patient education and counselling. She is particularly skilled in bronchoscopy, performing over 400 bronchoscopic procedures, including bronchoalveolar lavage, bronchial wash, and biopsy. Additionally, she has expertise in endobronchial ultrasound (EBUS) procedures and ultrasound-guided biopsies, which she uses to diagnose and manage various lung conditions, including undiagnosed lung masses and carcinomas. Dr. Lakshmi’s approach emphasises preventive care and early intervention to enhance respiratory health outcomes for her patients. She is also adept in critical care procedures, including intubation, chest ultrasonography, and non-invasive ventilation, making her well-equipped to manage patients in intensive care settings. Her proficiency extends to intercostal drainage and other critical interventions essential in treating acute respiratory conditions. Throughout her career, Dr. Lakshmi has been actively involved in academic research, with publications in reputed journals, including research on tuberculosis-related mortality and biomarkers in COPD exacerbations. Her contributions to the field have been recognised through several awards, including the Lupin Gold Medal, Dr. V. Krishnaswami Gold Medal, and Dr. M. Santhosham Memorial Endowment Gold Medal. Dr. Lakshmi S. frequently presents at national and state conferences, sharing insights on pulmonary medicine advancements and research findings. Dr. Lakshmi S. is fluent in English, Kannada, Tamil, Hindi, and Telugu enabling her to communicate effectively with a diverse patient population. Her multilingual proficiency helps her provide personalised and culturally competent care to patients from various backgrounds.

Field of Expertise

- Bronchoscopy
- EBUS
- Thoracoscopy
- Intercostal Drainage
- Chest Ultrasonography
- Sleep Study
- Critical Care Procedures

Languages Spoken

- English
- Kannada
- Tamil
- Hindi
- Telugu

Awards & Achievements

- 4 gold Medals (Lupin Gold Medal, Dr. V. Krishnaswami Gold Medal, Dr. M. Santhosham Memorial Endowment Gold Medal), APT Gold Medal, multiple conference presentations.

Talks & Publications

- Articles on tuberculosis-related mortality, eosinophils as biomarkers in COPD exacerbations, and Bilioptysis.