

DR. S L SAGAR REDDY

Consultant - Endocrinology

Qualification

MRCP(UK)SCE (Endocrinology and Diabetes) (2023) | DrNB Endocrinology (2022) | D.M. Endocrinology (2018-2021) | MD General Medicine (2014-2017) | MBBS (2007-2013)

Overview

Dr. S L Sagar Reddy is a highly reputed endocrinologist in Bangalore. He is currently practising at Manipal Hospital Varthur Road, as a Consultant - Endocrinology, with an extensive educational and professional background. His journey in medicine began with an MBBS, followed by an MD in General Medicine. Dr. Reddy also holds a DM in Endocrinology, in which he was the university topper. To enhance his skills more, he pursued an MRCP (UK) SCE in Endocrinology and Diabetes and completed his DrNB Endocrinology. He is the foremost Endocrinology Specialist in Bangalore. The professional expertise of Dr. Reddy is notable, having served as an Assistant Professor in the Department of Endocrinology at Vydehi Medical College and Research Centre since November 2021. He has also been involved as a respected specialist with several medical institutions. His expertise encompasses both adult and paediatric endocrinology, with a particular focus on diabetes and thyroid disorders. Dr. Reddy has received multiple accolades for his contributions to endocrinology, including the Best Poster Award at APRSSDI-2019 in

Rajamahendravaram, AP, the 2nd prize in the Endocrinology Quiz at ESOCON-2019 in Berhampur, Odisha, and the 3rd prize in the Thyroid Quiz at ITSCON-2020 in Visakhapatnam, AP. His commitment to his field is further demonstrated by his numerous publications in prestigious journals such as Diabetes & Metabolic Syndrome: Clinical Research & Reviews, the International Journal of Advances in Medicine, the Indian Journal of Medical Research, AACE Clinical Case Reports, and the Indian Journal of Endocrinology and Metabolism. His research often focuses on diabetes, COVID-19, and various endocrinological disorders. Dr. Reddy is also active in presenting his research at major conferences, including ENDOCRINE WEEK (2020), ITSCON (2020), ISBMR (2020), APRSSDI (2019), and ESAP (2019). Furthermore, being multilingual and fluent in English, Hindi, Kannada, and Telugu, Dr. S L Sagar Reddy can communicate effectively with a diverse patient population, improving his practice. His dedication to providing exceptional patient care and his continuous pursuit of medical excellence make him a highly respected and valued professional in the field of endocrinology.

Field of Expertise

- Holistic Management of Diabetes Mellitus
- Diabetes in Pregnancy
- Diabetes in the Young
- Reversal of Diabetes Mellitus
- Thyroid Disorders
- Obesity Management
- Lipid Disorders
- PCOD Reversal
- Pituitary and Adrenal Gland Disorders
- Bone Mineral Density Related Disorders
- Paediatric Endocrinology

Languages Spoken

- English
- Hindi
- Kannada
- Telugu

Awards & Achievements

- Best Poster Award at APRSSDI-2019, Rajamahendravaram, AP
- 2nd prize in Endocrinology Quiz at ESOCON-2019, Berhampur, Odisha
- 3rd prize in Thyroid Quiz at ITSCON-2020, Visakhapatnam, AP

Talks & Publications

- Various publications on COVID-19, diabetes, and endocrinology in journals like Diabetes & Metabolic Syndrome
- Clinical Research & Reviews, International Journal of Advances in Medicine, Indian Journal of Medical Research, AACE Clinical Case Reports, and Indian Journal of Endocrinology and Metabolism.
- Presentations at conferences including ENDOCRINE WEEK (2020), ITSCON (2020), ISBMR (2020), APRSSDI (2019), and ESAP (2019).