

DR. SUNIL KUMAR S R

Consultant - Plastic & Reconstruction Surgery

Qualification

MBBS | MS | MCh | Fellowship in Aesthetic Surgery

Overview

Dr. Sunil Kumar S R is a distinguished plastic surgeon in Varthur Road, Bangalore. He is currently practising at Manipal Hospital Varthur Road as a Consultant - Plastic and Reconstruction Surgery. He has over a decade of surgical expertise with more than 1,000 surgeries to his credit. Specialising in Reconstructive Surgery, Micro Vascular Surgery, Cosmetic Surgery, and Aesthetic Surgery, Dr. Sunil also served as an Assistant Professor at Vydehi Institute of Medical Sciences & Research Centre in Bangalore, where he imparted his extensive knowledge and skills to budding surgeons. His professional journey is marked by several prestigious training programmes and fellowships. He completed a Fellowship Program in Aesthetic Surgery from Spain, receiving integrated training in Rhinoplasty, Body Contouring Surgery, and Aesthetic Breast Surgery. His specialised training includes Cleft Lip & Palate Surgery at KLE, Belgaum. Further honing his expertise, Dr. Sunil Kumar completed an observership in the Department of Plastic Surgery, Hand & Reconstructive Microsurgery, and Burns at a reputed hospital in Coimbatore and participated in a week-long hands-on course in Microvascular Surgery at Ganga Microsurgical Training

Institute. Moreover, being an active member of several professional organisations, including the International Society of Aesthetic Plastic Surgery (ISAPS) and the Indian Association of Plastic Surgery (IAAPS), his dedication to continuous learning and professional development is evident. Additionally, he participates in numerous conferences and workshops throughout the year for better exposure. Dr. Sunil's contributions to the field of plastic surgery have been recognised with several accolades, including the Best Paper Award from the Bangalore Surgical Society for his work on '48hrs Antibiotic Prophylaxis in Surgical Cases' and a Certificate of Appreciation for his dedicated service in caring for COVID-19 patients during the pandemic. His academic endeavours include significant research and publications, such as a case study on the efficacy of glove rubber as a seton for treating high and complex fistula-in-ano and a comparison of fistulotomy versus fistulectomy for the treatment of fistula-in-ano. He has also explored the health status of traffic police personnel and innovations in sutureless thyroidectomy. Furthermore, being multilingual, Dr. Sunil Kumar S R is fluent in English, Kannada, and Hindi, thus communicating effectively with a diverse patient base. His commitment to patient care, combined with his extensive surgical experience and academic contributions, positions him as a leading expert in plastic and reconstructive surgery.

Fellowship & Membership

- Fellowship Program on Aesthetic Surgery, Instituto de Benito, Medical Group, Barcelona, Spain (Jan 2022 to March 2022)
- Integrated training in Rhinoplasty, Body Contouring Surgery and Aesthetic Breast Surgery, Instituto de Benito, Clinica Egos, Clinica Creu Blanca, Spain (2022)
- Integrated Training in Cleft Lip & Palate Surgery, KLE, Belgaum (March 2019)
- Observership in the Department of Plastic Surgery, Hand &

Reconstructive Microsurgery, and Burns, Ganga Hospital, Coimbatore (01.01.2021 – 30.01.2021)
- Week-long Hands-on Course in Microvascular Surgery, Ganga Microsurgical Training Institute, Coimbatore (Jan 2021)
- Associate Member – ISAPS (International Society of Aesthetic Plastic Surgery); Member – IAAPS (Indian Association of Plastic Surgery)

Field of Expertise

- Advanced Cosmetic procedures - Abdominoplasty(tummy tuck / Mommy makeover), Body Contouring surgery, Breast reduction and Augmentation, Gynaecomastia surgery, Axillary breast surgery, Blepharoplasty, Facelift, lipofilling procedures.
- Complex Rhinoplasty Procedures.
- Craniofacial anomalies including cleft lip and palate procedures.
- Non-surgical facial Rejuvenation procedures like PRP, Botox, fillers and lifts.
- Trauma reconstruction- - Hand & Microsurgery - lower limb reconstruction.
- Lymphatic Surgery, Burns Surgery.
- Tissue expansion and Resurfacing for the management of scars and deformities.
- Faciomaxillary injuries and reconstruction.
- Onco Reconstruction- Head and Neck.
- General Plastic Surgery

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Best Paper Award from Bangalore Surgical Society for '48hrs Antibiotic Prophylaxis in Surgical Cases' Certificate of Appreciation for dedicated service in caring for COVID-19 patients during the pandemic of 2020-21
- Participation in "AESURG 2022" the 17th National Conference of the IAAPS, March 2022 in Goa
- Participation in "Use of Surgical Net in Facial Aesthetic Surgery" ISAPS, June 2021
- Participation in ISAPS Regenerative Medicine Symposium, May 2021
- Participation in "Male Body Contouring" ISAPS, May 2021; Attendance at ISAPS Business School, April 2021
- Attendance at ISAPS Asian Rhinoplasty, April 2021
- APSI Accredited CME for participation in "Vascular Anomalies" organized by Dept of Plastic Surgery, Seth GS Medical College & KEM Hospital, Mumbai, April 2021
- Participation in "Demystifying Cleft 2019" organized by the Department of Plastic & Reconstructive Surgery, KLE Academy, Belagavi, March 2019

Talks & Publications

- CASE STUDY on "Efficacy of Glove Rubber as Seton for Treatment of High and Complex Fistula-in-Ano-A Retrospective Study" (International Journal of Current Research Vol. 8, Issue, 10, October 2016); "Fistulotomy versus Fistulectomy for Treatment of Fistula-in-Ano" (J. Evolution Med. Dent. Sci. Vol. 05, Issue 50, June 23, 2016)
- "Health Status of Traffic Police Personnel: A Cross-Sectional Study" (JMSCR Vol 4, Issue 12, December 2016); "Sutureless

Thyroidectomy with Bipolar Diathermy" (J. Evolution Med. Dent. Sci. Vol. 05, Issue 42, May 26, 2016)