

DR. ANAND ARUMUGAM

Senior Consultant - Urology

Qualification

MBBS | MS (General Surgery) | MCh (Urology)

Overview

Dr. Anand Arumugam is a senior and accomplished urologist in Whitefield with over a decade of surgical experience in general surgery and urology. He is currently practising as a Senior Consultant – Urology at Manipal Hospital, Varthur Road, Whitefield, Bangalore, with advanced expertise in endo-urology, robotic and laparoscopic urological procedures, renal transplantation, and laser treatment for renal stones and prostate conditions. After completing his MBBS in 2003 from K.A.P.V. Government Medical College, Trichy, he pursued his MS in General Surgery at Kasturba Medical College, Manipal, followed by an academic appointment as Assistant Professor in the Department of General Surgery. He later completed his MCh in Urology from Kilpauk Medical College, Chennai, refining his focus on specialised urological surgery. Dr. Anand manages a broad spectrum of urological disorders, ranging from renal stone disease and benign prostatic enlargement to complex reconstructive and transplant procedures. His expertise in advanced endo-urology includes minimally invasive stone surgeries using laser technology, percutaneous and ureteroscopic interventions, and structured management of obstructive uropathy. In

prostate care, he performs laser procedures designed to optimise urinary flow while reducing recovery time and perioperative morbidity. His surgical depth and structured approach position him among the best urologists in Varthur Road, Whitefield for advanced endoscopic and laser-based interventions. His proficiency extends to robotic and advanced laparoscopic urology, allowing precise dissection, improved visualisation, and enhanced surgical control in selected cases. In renal transplantation, he contributes to both donor and recipient surgical pathways, ensuring meticulous vascular and ureteric reconstruction within a multidisciplinary transplant framework. His practice emphasises accurate preoperative assessment, intraoperative precision, and structured postoperative monitoring to optimise functional outcomes. Dr. Anand’s academic contributions include multiple national-level recognitions and conference presentations. He has received awards at INASL, RSSDI, API state conferences, and the Torrent Young Scholar Award. His published work in reputed journals reflects analytical engagement with complex systemic and gastrointestinal conditions, demonstrating his foundation in broader surgical and medical research. This academic grounding supports evidence-based decision-making in high-acuity urological scenarios. Fluent in Tamil, Kannada, English, Malayalam, and Hindi, he ensures detailed counselling for patients and families, particularly in conditions requiring surgical planning such as renal stones, prostate enlargement, and transplant procedures. His communication style is structured and explanatory, enabling clarity in decision-making. His extensive surgical training, experience in advanced endoscopic and robotic techniques, and involvement in renal transplantation establish him as one of the best urologists in Varthur Road, Whitefield for comprehensive hospital-based urological care.

Fellowship & Membership

- South-Zone Urology Society.

Field of Expertise

- Advanced Endo urology procedures
- Robotics and advanced Laparoscopic
- Laser treatment for Renal stones & prostate
- Renal Transplantation

Languages Spoken

- Tamil
- Kannada
- English
- Malayalam
- Hindi

Awards & Achievements

- Won Presidential poster award for best poster presentation in INASL in 2018 conducted in New Delhi.
- Presented a poster as co-author in AASLD, Boston on nationwide study on Drug Induced Liver Injury in 2019.
- Won 1st prize in TYSA-Torrents young scholar award in both zonal round held in Chennai and National round held in Gujarat in December 2018.
- Won 1st prize for the best poster presentation in National diabetes conference RSSDI held at Greater Noida, NCR of Delhi in 2013.
- Presented paper for prestigious Dr. Nadagowda award session in API state conference KAPICON 2014 held at Hubli.
- Won 1st prize for best CPC discussion in API state conference KAPICON 2014 held at Hubli.

- Won 3rd prize in state-level quiz competition held at API state conference KAPICON 2013 & 2014.

Talks & Publications

- Causes, Clinical Features, Outcome and Prognostic Makers in 1288 Patients with Drug-Induced Liver Injury from a Prospective Indian Network. Harshad D, Tarun J, Kumar N S, et al. Published in Journal of clinical and experimental hepatology in 2021 May-Jun; 11(3):288-298.
- "Immunotolerant Chronic Hepatitis B Infection: When do I treat?" Kumar N S, Ramachandran TM. Published in Journal of clinical and experimental hepatology, April 2019;9(2) 277-79.
- "Clinical outcome of pneumatic dilation in patients with Achalasia cardia: A single center prospective study". Shejal AH, Ramachandran TM, Kumar NS. Published in Journal of digestive endoscopy 2017;8;182-6.
- Outcome and predictors of mortality in patients with drug-induced liver injury (DILI) at a tertiary hospital in South India. A single-center experience". Kumar N S, Thomas V, Bhavith NR, Ramachandran TM. Published in Journal of clinical and experimental hepatology August 2020 Mar-Apr; 11(2):163-170.
- "Impact of time gap between the onset of symptoms to treatment of spontaneous bacterial peritonitis in liver cirrhosis". Ramachandran TM, Shah S A, Geevarghese SK, Kumar NS. Published in Tropical gastroenterology in March 2020;41(1):1-7.
- "Rigid Sigmoidoscopic Examination, an investigation down but not out: A 5year single center experience on 9418 patients". Nair SV Ramachandran TM, Geevarghese PP, Kumar NS, Shine J P. Published in Journal of digestive endoscopy in 2019.
- "Judicious use of antisnake venom (ASV)in this period of scarcity". Gadwalker SR, Kumar NS, Kushal DP, Shyamala G,

Mohammed MZ, Huggi V. Published in Indian Journal of critical care medicine in November 2014.

- "A study on lipodystrophy in human immunodeficiency patients on highly active antiretroviral therapy (HAART)." Shashibhushan J, Kumar NS, Venugopal K, Poojari M, Rakesh B. Published in the journal of clinical diagnostic research in 2015.
- "Mortality trends in patients with diabetes mellitus admitted in rural tertiary care center". Kumar N S, Gadwalkar SR, Sharanya J. Published in JAPI in 2016.
- "Immune ediated thrombocytopenia secondary to pulmonary tuberculosis: diagnostic and Shashibhushan J, Huggi V, Kumar NS, Poojari M, Bobba R. Published in JAPI in 2015.