



## **DR. JALPA D VASHI**

Consultant - Ophthalmology

### **Qualification**

MS (Ophthalmology) | DOMS | DHM

### **Overview**

Dr. Jalpa D Vashi is a senior and accomplished ophthalmologist in Whitefield with over 20 years of extensive experience in clinical and surgical ophthalmology. She is currently practising as a Consultant - Ophthalmology at Manipal Hospitals, Varthur Road, Whitefield, Bangalore, with advanced expertise in cataract surgery, glaucoma management, oculoplasty, and quality-driven hospital ophthalmic care. An MBBS graduate from N.H.L. Municipal Medical College, Ahmedabad, she completed her Diploma in Ophthalmology and subsequently earned her MS in Ophthalmology from C.H. Nagri Eye Hospital, Ahmedabad. She also holds a Diploma in Hospital Management and has undergone structured leadership and quality training, including the Management Development Program at IIM Ahmedabad. Her additional credentials as a NABH Assessor reflect formal training in healthcare quality standards, patient safety protocols, and accreditation systems. Over the course of her career, Dr. Vashi has performed more than 20,000 eye surgeries, with significant expertise in injection-less phacoemulsification cataract surgery using premium intraocular lenses, including multifocal, trifocal, and toric implants. Her structured

surgical approach emphasises refractive precision, minimal tissue trauma, and stable postoperative visual outcomes. Her experience in glaucoma surgery includes both medical and surgical management strategies, with careful optic nerve monitoring and long-term intraocular pressure control. This surgical depth positions her among the best ophthalmologists in Varthur Road, Whitefield for comprehensive cataract and glaucoma care within a tertiary hospital setting. Her academic involvement includes tutoring DNB (Ophthalmology) trainees, optometry students, and fellowship candidates in phaco and glaucoma surgery. She has presented clinical research papers at state and national conferences and has been an invited speaker at multiple CMEs, including sessions on NABH protocols in endophthalmitis and medication safety. Her research presentations have addressed glaucoma surgery outcomes, corneal astigmatism, pseudoexfoliation syndrome, and ocular surface disease related to antiglaucoma medication. At Manipal Hospitals, Varthur Road, Whitefield, Dr. Vashi integrates comprehensive ophthalmic evaluation with surgical execution and postoperative follow-up within established safety frameworks. Her expertise extends to oculoplasty procedures and structured glaucoma interventions, supported by hospital-based diagnostic and operative infrastructure. Fluent in English, Kannada, Hindi, and Gujarati, she ensures clarity in surgical counselling and IOL selection discussions. Her combination of high surgical volume, glaucoma expertise, administrative leadership in quality accreditation, and two decades of tertiary eye care experience establishes her among the best ophthalmologists in Varthur Road, Whitefield for precision-driven cataract and glaucoma surgery.

### **Fellowship & Membership**

- Fellowship in Anterior segment and Phacoemulsification.
- Inhouse Training in Glaucoma.
- NABH Assessor, National Accreditation Board for Hospital and

Health Care Providers, Delhi.

- All India Ophthalmic Society: Life Member.
- Karnataka Ophthalmic Society: Life Member.
- Bangalore Ophthalmic Society: Life Member.
- Glaucoma Society of India: Life Member.

### **Field of Expertise**

- Injection less Phaco (Cataract) surgeries with premium lenses - Multifocal, Trifocal, Toric
- Glaucoma surgeries
- Occuloplasty (Lid) Surgeries

### **Languages Spoken**

- English
- Kannada
- Hindi
- Gujarati

### **Awards & Achievements**

- Leadership Development Programme by All India Ophthalmological society-First Prize.
- Presented Clinical Research papers at various state level and national level Ophthalmology Conferences.
- Invited speaker for many State and National level conferences and CMEs.

### **Talks & Publications**

- Presented Clinical Research papers at various state level and national level Ophthalmology Conferences.
- Invited speaker for many State and National level conferences and CMEs.