

DR. RADHIKA THAPPETA

Senior Consultant - Internal Medicine

Qualification

MBBS | MD (Internal Medicine) | Diploma in Allergy and Asthma | Diplomate of American Board of Internal Medicine

Overview

Dr. Radhika Thappeta is an internationally trained internal medicine specialist in Bengaluru with over two decades of experience in comprehensive adult medical care. She is currently practising as a Senior Consultant – Internal Medicine at Manipal Hospital Varthur Road, Whitefield, with focused expertise in primary care, allergy and asthma management, and structured pulmonary assessment. She completed her MBBS from Kurnool Medical College, followed by internship and residency training in Internal Medicine at Catholic Medical Centre, New York Medical College, USA. She is a Diplomate of the American Board of Internal Medicine and completed a Diploma in Allergy and Asthma from Christian Medical College, Vellore. Her training and practice across both India and the United States have shaped a clinically disciplined and protocol-driven approach to adult internal medicine. Dr. Radhika has worked as a primary care physician in both India and the USA, managing a wide spectrum of inpatient and outpatient medical conditions. Her core area of expertise lies in comprehensive pulmonary assessment and allergy care, including skin prick testing and spirometry-based evaluation. These diagnostic tools allow precise

identification of allergic triggers and objective assessment of airway function, enabling targeted asthma management plans. Her structured approach to respiratory evaluation and chronic disease monitoring places her among the best internal medicine consultants in Varthur Road, Whitefield, particularly in allergy and asthma care. In addition to respiratory medicine, her internal medicine practice includes evaluation and management of systemic illnesses that require longitudinal follow-up and preventive strategies. Her experience in hospital-based internal medicine, including work in the United States under the Kaiser Permanente Medical Group and hospitalist roles in Connecticut, has contributed to a methodical approach to both acute and chronic medical conditions. She remains ABIM recertified and maintains professional affiliations with the Indian Medical Association and Karnataka Medical Council. Dr. Radhika Thappeta speaks English, Telugu, Hindi, and Kannada, enabling effective communication across diverse patient groups. During consultations, Dr. Radhika places emphasis on preventive care, lifestyle guidance, and patient education. She explains diagnostic findings clearly and outlines stepwise treatment strategies, particularly in chronic respiratory and systemic conditions where adherence and follow-up determine long-term outcomes. This balanced integration of global training and structured primary care reinforces her standing as one of the best internal medicine consultants in Varthur Road, Whitefield for comprehensive adult and pulmonary care.

Fellowship & Membership

- Diploma in Allergy and Asthma - CMC, Vellore.
- Diplomate of American Board of Internal Medicine.

Field of Expertise

- Primary Care Physician, both in India and in the USA.
- The focus of care is on comprehensive pulmonary assessment and treatment including skin prick testing and Spirometry