



DR. RAMYA V RAGHAVAN

Consultant - Internal Medicine

Qualification

MBBS | MD | DNB (INTERNAL MEDICINE)

Overview

Dr. Ramya V. Raghavan is a respected and experienced internal medicine specialist in Bengaluru with over 13 years of post-MD clinical practice. She is currently practising as a Consultant - Internal Medicine at Manipal Hospital Varthur Road, Whitefield, with focused expertise in adult medical care, diabetes management, and complex metabolic disorders. She completed her MBBS from Stanley Medical College, Chennai, followed by an MD in General Medicine from Madras Medical College, and subsequently earned her DNB in General Medicine. Her academic distinction includes securing All India Rank 22 in the AIIMS postgraduate entrance examination in 2000 and receiving a medal in Nephrology. This strong academic foundation reflects a disciplined and structured approach to internal medicine that continues to guide her clinical decision-making. Ramya has independently managed both inpatient and outpatient care while also practising as a diabetologist. Her field of expertise includes diabetes, thyroid disorders, hypertension, and infectious diseases, conditions that often require long-term monitoring, medication titration, and lifestyle integration. Diabetes care in particular demands sustained follow-up and early

identification of complications, and her consistent work in this area has contributed to stable long-term outcomes for many patients under her care. Her experience in comprehensive metabolic disease management positions her among the best internal medicine doctors in Varthur Road, Whitefield, particularly for structured diabetes and hypertension care. Dr. Ramya holds a Post Graduate Diploma in Diabetology and is a Life Member of the Association of Physicians of India (API) and the IMA Bangalore Chapter. Her academic engagement extends to published work, including a paper on lung manifestations in systemic sclerosis and a co-authored manuscript titled “Diffuse Alveolar Haemorrhage Secondary to Immune Thrombocytopenia,” published in the Lung Journal. Dr. Ramya speaks English, Tamil, Kannada, and Hindi, enabling effective communication with patients from diverse backgrounds. Patients value her clarity in explaining diagnoses and treatment pathways, especially in chronic conditions where understanding the disease process improves adherence and long-term control. Her consultations are marked by careful assessment, rational investigation, planning, and continuity of follow-up. This steady and structured approach further reinforces her standing as one of the best internal medicine doctors in Varthur Road for adult medical and diabetology services.

Fellowship & Membership

- Post Graduate Diploma In Diabetology
- Life Member API
- IMA Bangalore Chapter

Field of Expertise

- Infectious Disease
- Diabetes

- Thyroid Disorders
- Hypertension

Languages Spoken

- English
- Tamil
- Kannada
- Hindi

Awards & Achievements

- All India 22nd Rank In PG Exam
- Medallist In Nephrology

Talks & Publications

- Published A Paper On Lung Manifestations In Systemic Sclerosis
- Published A Manuscript Titled Diffuse Alveolar Hemorrhage Secondary To Immune Thrombocytopenia -in Lung Journal (As A Co Author)