



## DR. SANJAY PRASAD HEGDE

Consultant Orthopaedics

### Qualification

MBBS | MS (Orthopaedics) | AO Basic | AO Advanced, AO Masters, Arthroplasty primary and revision

### Fellowship & Membership

- Karnataka Orthopaedic Association.
- Bangalore Orthopaedic Society.
- Orthopaedic Association of South Indian States (OASIS).

### Field of Expertise

- ACL Reconstruction,
- Arthroscopy,
- Spinal Therapy,
- Hip Replacement,
- Laminectomy,
- Prolotherapy,
- Joint Replacement Surgery

### Languages Spoken

- English
- Hindi
- Kannada

### Talks & Publications

- Prediction of autologous hamstring graft size in ACL reconstruction using gender activity lever anthropometric parameters and MRI-A prospective and retrospective study. <https://doi.org/10.22271/ortho.2019.v5.i2p.1481>
- Comparison of femoral foot points in acute vs chronic ACL injury. <https://dx.doi.org/10.22271/ortho.2017.v3.i3f.64>
- Hip Abductor strengthening Improves Physical Function Following TKR, One year Follow up of a Randomised

- Pilot Study. <https://www.ncbi.nlm.nih.gov/m/pubmed/28567148/>
- Dr. Sanjay Prasad Hegde on You may hit the gym but not that hard | Bangalore Mirror. [Click Here](#)
  - Dr. Sanjay Prasad Hegde talks about why Today's players are more injured than the cricketers of 1980-90 | 5 hidden reasons | Navabharat Times | Manipal Hospitals Varthur Road. [Click Here](#)