



## **DR. GARIMA AGGARWAL**

Consultant - Nephrologist and Renal Transplant Physician

### **Qualification**

MBBS | MD (Internal Medicine) | DM (Nephrology)

### **Overview**

Dr. Garima Aggarwal is a highly accomplished nephrologist and renal transplant physician in Bengaluru with advanced expertise in complex kidney disease and transplantation medicine. She is currently practising as a Consultant – Nephrologist and Renal Transplant Physician at Manipal Hospital Varthur Road, Whitefield, with focused proficiency in chronic kidney disease, high-risk renal transplantation, dialysis access, and critical care nephrology. She completed her MBBS from Sri Ramachandra Medical College and Research Institute, Chennai, followed by an MD in Internal Medicine from Himalayan Institute of Medical Sciences, where she was a Gold Medalist. She subsequently earned her DM in Nephrology from Amrita Institute of Medical Sciences, Kochi, securing the top rank in her batch. Her super-speciality training included extensive exposure to renal transplant immunology, graft biopsies, plasmapheresis, haemoperfusion, single-pass albumin dialysis, and management of complex dialysis-dependent patients. Her thesis focused on acute kidney injury in children following cardiac surgery, a prospective study involving 120 patients, which she later presented at the American Society of Nephrology's Kidney Week

in Chicago. Dr. Garima Aggarwal is also ACLS certified and actively associated with the International Society of Nephrology, American Society of Nephrology, Indian Society of Nephrology, Delhi Nephrology Society, Indian Medical Association, and Association of Physicians of India. Dr. Garima's clinical expertise spans chronic kidney disease (CKD), glomerular diseases, dialysis (both haemodialysis and peritoneal dialysis), dialysis vascular access, and renal transplantation, including ABO-incompatible, high immunological risk, and deceased donor transplants. Notably, she successfully performed a rare transhepatic tunnelled haemodialysis catheter insertion into the inferior vena cava as a lifesaving intervention in a patient with failed vascular access, an approach not previously reported from India. Her structured approach to advanced transplant and dialysis care establishes her among the best nephrologists in Varthur Road, Whitefield, particularly in high-risk renal transplantation and interventional nephrology. Academically, Dr. Garima has presented at multiple national and international conferences, including the American Society of Nephrology and Indian Society of Nephrology meetings. She has received several awards, including first prize for poster and case presentations, and recognition for social media outreach in nephrology education at international platforms. Her published work includes research in the European Medical Journal, the Indian Journal of Nephrology, and other peer-reviewed platforms. She has also been appointed Convener of the Indian Medical Association Kidney Disease Prevention Project, reflecting her engagement in public kidney health awareness. Her consultations are marked by clear explanations of disease stages, transplant eligibility assessments, dialysis modality counselling, and long-term renal preservation strategies. She integrates procedural precision with detailed patient education, particularly in complex transplant and dialysis cases where informed decision-making is critical. This balanced, protocol-driven approach reinforces her standing as one of the best nephrologists in Varthur Road, Whitefield, for advanced kidney care and transplantation

medicine.

### Field of Expertise

- Extensive expertise in the area of kidney diseases, renal transplants (including high-risk transplants), dialysis (hemo and peritoneal) and critical care nephrology.
- She is an expert in the management of acute kidney injury patients on hemofiltration
- Consequent to her work in different types of hospitals she has experience in the management of acute and chronic kidney disease.

### Talks & Publications

- Invited as a speaker at Annual Conference of Association of Physicians of India (APICON)
- Topic- Extracorporeal therapies in sepsis - 9 Jan 2020
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- Indian J Nephrol- 2019
- Primary Extranodal Diffuse Large B Cell Lymphoma Masquerading as Acute Pyogenic Myositis: A Case Report
- Open Neph & Urology Journal- 23 July 2019
- Twitter-based Case conferences : an Online Learning Tool for Nephrologists,
- European Medical Journal - 12 July 2018
- Appointed Convener of Indian Medical Association Kidney Disease Prevention Project, 2018
- <https://www.thehindubusinessline.com/news/science/kidney-related-diseases-almost-doubled-in-past-decade-ima/article22984009.ece>
- Acute Kidney injury in children following cardiac surgery and its

- effect on outcome - Prospective study with 120 patients.
- American Society of Nephrology Annual Conference (Kidney Week 2016) at Chicago, United States.
  - Successfully performed a rare Transhepatic Tunneled Hemodialysis Catheter insertion into Inferior Vena Cava as a lifesaving procedure for a patient with failed Vascular access- No other instance of this approach has been reported from India.
  - Presented at the 6th Annual Congress of the Association of Vascular Access and Interventional Renal Physicians (AVATAR)
  - Dr. Garima Aggarwal on Is peritoneal dialysis better than conventional hemodialysis for chronic kidney disease patients? | The Indian Express. [Click Here](#)
  - Manipal Hospitals Varthur Road: Dr. Garima Aggarwal on Nourish Your Body: Ramadan 2024 Healthy Eating Tips For Fasting Muslims | HerZindagi. [Click Here](#)
  - Manipal Hospitals Varthur: Dr. Garima Aggarwal on Exclusive: How Kidney Patients Can Fast During Ramadan Without Compromising Their Health | HerZindagi. [Click Here](#)
  - Manipal Hospitals Varthur: Dr. Garima Agarwal on What to keep in mind while getting a keratin hair treatment done | India Today. [Click Here](#)
  - Manipal Hospitals Varthur Road Commemorates World Kidney Day 2024 with Exclusive Event for Senior Citizens | The Print. [Click Here](#)
  - Manipal Hospitals Varthur Road: Dr. Garima Agarwal on A transplant of sibling love...brother gifts his sister a new life | The Hans India. [Click Here](#)
  - Doc ready to fly turns saviour for man who suffers heart attack. [Click Here](#)