

DR. MANOHARAN B

Consultant - Nephrology

Qualification

MBBS | MD | FISN (Nephrology)

Overview

Dr. Manoharan B is a senior nephrologist in Bangalore with over two decades of experience in renal medicine. He is currently practising as a Consultant – Nephrology at Manipal Hospital Varthur Road, Bengaluru, with focused expertise in the diagnosis and long-term management of complex kidney disorders. He holds an MBBS and MD in Internal Medicine from Bangalore, followed by a Fellowship in Nephrology from Christchurch, New Zealand. In addition, he holds the FISN (Nephrology) qualification. His training across internal medicine and super-speciality nephrology has shaped a structured and evidence-based approach to renal care, particularly in chronic and progressive kidney conditions that require sustained monitoring and coordinated intervention. Dr. Manoharan's clinical expertise includes chronic kidney disease (CKD), kidney failure, kidney infections, kidney stones, nephrotic syndrome, and renal artery stenosis. He also manages end-stage renal disease (ESRD) and acute kidney injuries, where timely diagnosis and metabolic stabilisation are critical. Renal hypertension and vascular renal disorders form an important component of his practice, especially in patients where systemic cardiovascular risk intersects with declining

kidney function. Dialysis care remains a significant part of his clinical work. He has a focused interest in peritoneal dialysis modalities, including Continuous Ambulatory Peritoneal Dialysis (CAPD) and Automated Peritoneal Dialysis (APD). He has played a pioneering role in expanding access to peritoneal dialysis and continues to follow one of the largest groups of patients on Automated Peritoneal Dialysis in Karnataka. His structured dialysis protocols and long-term patient follow-up have contributed to improved continuity of renal care. Beyond clinical practice, Dr. Manoharan has been actively involved in nephrology-based research. He has contributed to national and international multicentric clinical trials focusing on renal transplant immunosuppression, phosphate binders, erythropoietin therapies, and dialysis safety. He has also participated in observational studies examining chronic renal failure progression and cardiovascular risk in renal transplant recipients. As a co-investigator in dialysis monitoring innovations and post-marketing surveillance of renal therapeutics, he has contributed to advancing evidence-based nephrology practice. He has been involved in teaching DNB Medicine students and undergraduate nursing students, reinforcing his commitment to academic medicine. His participation in professional bodies such as the International Society of Nephrology, the Indian Society of Transplantation, and the Nephrology Association of Karnataka reflects continued engagement with evolving renal science. Patients value his clear communication, structured clinical explanations, and emphasis on long-term renal preservation. His approach focuses on slowing disease progression, preventing complications, and maintaining stability through carefully monitored treatment pathways. This continuity-driven model of care further reinforces his standing as one of the best nephrologists in Varthur Road for chronic kidney disease and dialysis care. Dr. Manoharan speaks multiple languages, enabling effective communication across diverse patient groups.

Field of Expertise

- Chronic kidney disease
- Kidney infection
- Kidney failure
- Kidney stones
- Renal artery stenosis
- Nephrotic syndrome