



DR. AYUSH SHUKLA

Consultant - Emergency

Qualification

MBBS | MEM

Overview

Dr. Ayush Shukla is a well-known consultant in Emergency Medicine, bringing more than 14 years of intensive, hands-on clinical experience in high-pressure emergency departments to stabilise and care for critically ill patients. He holds MBBS and MEM (Master of Emergency Medicine) credentials and is multilingual, which allows him to consult fluently and empathetically with patients and families in Hindi, English, and Bengali. He is highly skilled in critical respiratory and cardiac procedures, specialising in simple and advanced airway management, rapid sequence induction (RSI), and leading the clinical management of cardiac arrests. Dr. Shukla is proficient in high-precision invasive techniques, including securing central venous, femoral venous, and arterial access, performing lumbar punctures, and utilising bedside FAST scans to detect internal bleeding in trauma cases. His procedural expertise extends to emergency surgical and orthopaedic interventions, including wound toilet and suturing, the incision and drainage of abscesses, chest drain insertions, and the manipulation of joint dislocations alongside applying POP casts for fractures. He actively shapes future healthcare standards by serving as a certified

clinical Instructor for BLS (Basic Life Support), ACLS (Advanced Cardiovascular Life Support), and PALS (Paediatric Advanced Life Support). Dr. Shukla has demonstrated a strong commitment to medical ethics and quality improvement through his academic thesis on "Ethical dilemmas in acute care physicians" and his clinical audit regarding the "Incidence of Community-acquired pneumonia in ventilated patients".

Field of Expertise

- Simple and advanced airway management
- Rapid sequence induction
- Central venous access
- Temporary cardiac pacing
- Femoral venous and arterial access
- Manipulation of some joint dislocations and POP Cast of most fractures
- Chest drain insertion
- Management of cardiac arrests
- Wound toilet and suturing
- Incision and drainage of abscess
- Lumbar puncture
- FAST
- BLS and ACLS Instructor
- PALS Instructor

Languages Spoken

- Hindi
- English
- Bengali

Talks & Publications

- Thesis - Ethical dilemmas in acute care physicians
- Audit - Incidence of community-acquired pneumonia in ventilated patients