



## **DR. MEENA MUTHIAH**

Consultant - Obstetrics & Gynaecology

### **Qualification**

MBBS | DNB

### **Overview**

Dr. Meena Muthiah, an esteemed Consultant in Obstetrics and gynaecology, is a prominent member of the Manipal Hospitals Sarjapur Road. Dr. Meena Muthiah is a renowned expert known for her exceptional medical knowledge and professionalism. With an MBBS and DNB, her qualifications reflect her dedication to patient well-being. She is a respected authority in her specialised field. Dr. Muthiah's commitment to women's health is evident through her active involvement in organising the Well Women Health Check for Bangalore City Police and CRPF on International Women's Day, emphasising the importance of preventive care. Additionally, she has shared her insights on critical topics such as vaccination safety for pregnant women, as endorsed by the World Health Organization. Dr. Muthiah's expertise extends to addressing post-COVID complications in women, highlighting her comprehensive understanding of the evolving healthcare landscape. She has achieved the prestigious honour of being a gold medalist in her final MBBS. Her expertise is recognised as she continues to guide DNBE trainees in their dissertations, showcasing her commitment to nurturing the next generation of medical

professionals. No wonder she has positioned herself as one of the most trusted and experienced gynaecologist in Sarjapur Road. Dr. Meena Muthiah holds Fellowship and Membership with BSOG and FOGSI and is an experienced Obstetrics and gynaecology Consultant with expertise in managing various pregnancy-related disorders, including medical, genetic, and haematological conditions, to ensure optimal maternal and foetal health. Dr. Muthiah is mainly known for her proficiency in managing high-risk pregnancies and addressing obstetric social issues, providing comprehensive care beyond the medical aspects. Dr. Meena Muthiah is a Gynaecologist with expertise in colposcopy for early detection and intervention of cervical abnormalities. Dr. Meena Muthiah performs vaginal surgeries, improving patients' quality of life by addressing diverse gynaecological conditions. Her dedication extends to Urogynaecology, where she specialises in diagnosing and treating pelvic floor disorders and urinary incontinence. She empowers women through personalised and compassionate care, helping them regain confidence and enhance their overall well-being. Dr. Meena Muthiah excels in minimally invasive surgery, utilising cutting-edge techniques for faster recovery and reduced discomfort. She offers the latest, highly effective, and minimally invasive treatments by staying updated with medical advancements. With her extensive expertise, compassionate approach, and comprehensive patient care, Dr. Muthiah is a trusted Obstetrics and gynaecology specialist. Her commitment to delivering high-quality care and staying at the forefront of advancements positively impacts countless women, ensuring their well-being and reproductive health. She is a trusted advisor in Obstetrics & Gynaecology, consistently providing exceptional care and expertise to her patients.

### **Fellowship & Membership**

- BSOG - Bangalore Society of Obstetrics & Gynaecology.
- FOGSI - Federation of Obstetric and Gynaecological Societies of

India.

### **Field of Expertise**

- Obstetrics
- Medical, genetic & hematological disorders in Pregnancy
- High-Risk Pregnancy and Social Obstetrics
- Gynaecology
- Colposcopy
- Vaginal Surgeries
- Urogynaecology
- Minimal Invasive Surgery

### **Languages Spoken**

- Kannada
- English
- Hindi
- Tamil

### **Awards & Achievements**

- Gold medalist in final MBBS.
- Guide for dissertation for DNBE trainees to date.

### **Talks & Publications**

- Several presentations at Regional and National conferences.
- Manipal Hospital Bangalore Organizes Well Women Health Check for Bangalore City Police and CRPF on International Women's Day. [Click Here](#)

- Know from the experts: Is vaccination safe for pregnant women? Know what WHO has to say. - Dr. Meena Muthiah, Senior Consultant-Gynecologist, Manipal Hospital, Old Airport Road. [Click Here](#)
- Know About Post-COVID Complications In Women - Dr. Meena Muthiah, Consultant – Obstetrics & Gynaecology, Manipal Hospitals, Old Airport Road. [Click Here](#)
- Dr. Meena Muthiah on Bodily Changes During Pregnancy: Expert Lists Changes Nobody Tells You About | Only My Health. [Click Here](#)
- What are the risks and complications of cervical cancer during pregnancy? Here's information from a specialist doctor. [Click Here](#)