



MS. ASWINI M

Specialist - Speech Language Pathologist and Dysphagia

Qualification

MSc | MSc (Speech Language Pathology) | Bachelor in Audiology and Speech-Language Pathology

Overview

Aswini M is a consultant Speech-Language Pathologist & Dysphagia Specialist currently working with Manipal Hospital, Sarjapur Road. She is a licensed professional registered with the Rehabilitation Council of India (RCI No: A96967). She is a highly motivated, meticulously organised, and dedicated Speech Language Pathologist with over 5+ years of clinical experience in neuro-rehabilitation, acute care, and paediatric intervention in hospital-based and OPD settings. She is known for her evidence-based, goal-oriented approach to therapy, collaborative care model, and commitment to enhancing communication and swallowing outcomes for individuals across all age groups. Her practice is defined by accurate evaluation, creative intervention planning, and empathetic patient counselling. She specialises in the comprehensive assessment and management of communication and swallowing disorders. Her core clinical expertise includes adult, geriatric, and paediatric speech-language disorders, tracheostomy management, and dysphagia with instrumental evaluation. She is experienced in ICU and acute care management, basic cognitive assessment and retraining associated with

communication domains, and rehabilitation for head & neck cancer. Her paediatric scope covers childhood language disorders, speech sound disorders, and parent counselling. She integrates clinical evaluation, individualised management, family counselling, and detailed documentation to ensure continuity of care. Her clinical practice is anchored in accurate patient evaluation and collaborative, evidence-based, creative intervention. Areas of Clinical Expertise include: Dysphagia / Swallowing Disorders. Comprehensive assessment and management of swallowing difficulties in adults, geriatrics, and paediatrics. Includes instrumental evaluation, diet modification, swallowing therapy, and management of aspiration risk in ICU, neurology, and head & neck cancer patients. Neurogenic Communication Disorders. Rehabilitation for conditions affecting the brain, including: Aphasia: Language comprehension and expression therapy post-stroke/TBI. Dysarthria: Speech clarity and intelligibility training. Apraxia of Speech: Motor planning therapy for speech production. Cognitive-Communication Disorders: Assessment and retraining of attention, memory, executive function, and social communication post-neurological injury. ICU and Acute Care Management. Early bedside evaluation and intervention for critically ill patients. Focus on communication, cognition, and swallowing safety to support recovery. Tracheostomy Management. Assessment and rehabilitation for patients with tracheostomy and ventilator dependence. Includes speaking valve trials, swallowing evaluation, weaning support, and voice restoration. Head and Neck Cancer Rehabilitation. Pre- and post-operative therapy for speech, voice, and swallowing following surgery and radiation. Focus on maintaining nutrition, voice quality, and quality of life. Fluency Disorders. Diagnosis and therapy for stuttering and cluttering in adults and children using evidence-based behavioural and cognitive approaches. Voice Disorders. Evaluation and treatment of any voice related concerns including change in voice, nodules, professional voice users etc. Augmentative and Alternative Communication (AAC). Provision of low-

tech and high-tech communication solutions for patients with limited verbal output due to neurological conditions, paediatric disorders, or progressive diseases. Speech Sound Disorders. Assessment and therapy for articulation and phonological disorders in children and adults to improve speech clarity and intelligibility. Paediatric Speech and Language Disorders. Early intervention for language delay, speech sound disorders, and feeding difficulties. Includes parent counselling, further rehabilitation, and collaborative care with paediatricians.

Fellowship & Membership

- Rehabilitation council of India CRR No A96967

Field of Expertise

- Dysphagia (Swallowing disorders)
- Neurogenic communication disorders (Aphasia, Dysarthria, Apraxia of Speech, and other cognitive communication domains)
- ICU and acute care management
- Tracheostomy management
- Head and neck cancer rehabilitation
- Fluency disorders
- Voice disorder
- Augmentative and Alternative Communication
- Speech sound disorder
- Pediatric speech and language disorders

Languages Spoken

- English
- Hindi

- Malayalam
- Kannada
- Tamil

Awards & Achievements

- Publication: Cognitive abilities among employed and unemployed middle-aged women: A Systematic Review in Clinical Epidemiology and Global Health

Talks & Publications

- Teaching experience/Academic contribution: Invited Faculty, National Board of Examination in Medical Sciences (NBEMS): "Speech and Swallow Rehabilitation for Head and Neck Cancer" for DNB students of Surgical Oncology