



DR. VIJAY NAGABHUSHAN

Consultant - Minimal Access, GI and Bariatric Surgery

Qualification

MBBS | MS - General Surgery | FNB - Minimal Access Surgery | FMBS - Bariatric and Metabolic Surgery

Overview

Dr. Vijay Nagabhushan is a top gastrointestinal surgeon in Sarjapur Road. He is currently practising as a Consultant – Minimal Access, GI and Bariatric Surgery at Manipal Hospital Sarjapur Road, Bangalore, bringing focused clinical expertise in advanced laparoscopic, bariatric, and colorectal surgery to evidence-based, patient-centred care. Dr. Vijay’s core expertise lies in minimally invasive gastrointestinal surgery, bariatric and metabolic surgery, and colorectal procedures. His surgical practice includes advanced laparoscopic management of gallbladder disease, appendicitis, abdominal cysts, diaphragmatic eventration, and complex GI conditions. He also manages acute abdominal emergencies, providing prompt surgical intervention for trauma and GI complications. Dr. Vijay’s academic journey began with his MBBS, followed by an MS in General Surgery. He further specialized in the field of surgical gastroenterology by earning the prestigious FNB in Minimal Access Surgery and a Fellowship in Bariatric and Metabolic Surgery (FMBS). His commitment to global surgical standards led him to complete an International Fellowship in Gastrointestinal Surgery at the University Hospital of Coventry and Warwickshire, United Kingdom,

where he gained valuable insights into advanced international protocols, multidisciplinary GI care, and complex minimally invasive procedures. In addition to his clinical work, Dr. Vijay maintains an active academic and research profile. He has published peer-reviewed research in national and international journals. His published work covers laparoscopic spleen-preserving surgery for splenic cysts, management of retroperitoneal mesenteric cysts, diaphragmatic eventration, and rare colorectal vascular malformations. These publications reflect his sustained interest in minimally invasive innovation and complex GI pathology. His research contributions reinforce his standing as one of the best GI surgeons in Sarjapur Road for evidence-driven surgical care. Dr. Vijay is renowned for his meticulous, patient-first approach. He emphasises detailed pre-operative counselling, realistic outcome discussions, and shared decision-making. His surgical protocols prioritise faster recovery, minimal scarring, and durable functional outcomes. By integrating high-end laparoscopic techniques with personalised care planning, he ensures safe operative pathways for both elective and emergency GI conditions. Fluent in Kannada, English, and Hindi, Dr. Vijay communicates effectively with a diverse patient population. Through technical excellence, research engagement, and structured patient care, Dr. Vijay continues to strengthen minimally invasive and bariatric surgical services at Manipal, reinforcing his role as one of the best bariatric surgeons in Sarjapur Road.

Field of Expertise

- Minimally Invasive GI Surgery
- Bariatric Surgery
- Colorectal Surgery

Languages Spoken

- Kannada
- English
- Hindi

Talks & Publications

- Laparoscopic Spleen-Preserving Decapsulation of the Splenic Cyst: A Case Report, National Board of Examination - Journal of Medical Sciences, Vijay N et al., 05/01/2024, 1-6.
- From Dormant Debris to Danger: Unveiling Spilled Gallstones Triggering Transformation into Preperitoneal Abscess, Asian Journal of Case Reports in Surgery, Vijay et al., 2024, 138-142.
- The Raised Gut Situation: “Diaphragm’s Delicate Dilemma - Unveiling the Mystery of Eventration”, Laparoscopic, Endoscopic & Robotic Surgery,
- M. Balika Reddy, Prasanna Kumar, K. S. Santosh Anand, M. Muvva Sri Harsha, N. Vijay, and Srikant, Sudhanshu, 2024.
- Laparoscopic Plication for Diaphragmatic Eventration in Adults: Unveiling the Mystery of Eventration, Laparoscopic, Endoscopic & Robotic Surgery, . Mahesan et al., 2024.
- Arteriovenous Malformation of Rectum Causing Lower Gastrointestinal Bleed Managed with Trans-Catheter Arterial Embolisation - A Case Report, Asian Journal of Case Reports in Surgery, Harsha et al., 2023, 455-459.
- Laparoscopic Management of Retroperitoneal Mesenteric Cyst in an Adult - A Case Report, Asian Journal of Case Reports in Surgery, Harsha et al., 2022, 27-30.