



DR. SANA ALTHAF HUSSAIN

Associate Consultant - General and Minimal Access surgery

Qualification

MBBS | MS

Overview

Dr. Sana Althaf Hussain is a highly skilled and compassionate General Surgeon with over 6 years of experience in managing complex surgical conditions. Currently practising as an Associate Consultant in General and Minimal Access Surgery at Manipal Hospitals, Sarjapur Road, Bengaluru, she is recognised for her proficiency in both traditional open surgeries and advanced minimally invasive (laparoscopic) techniques. With a strong academic background and a career marked by clinical precision, Dr. Sana combines advanced surgical acumen with a patient-first philosophy. Her approach is rooted in providing safe, evidence-based, and personalised care, ensuring patients are well-informed and comfortable throughout their surgical journey.

Field of Expertise

- General surgical conditions - management of abscess, swellings, and diabetic foot care.
- Ritual circumcision.
- Gallbladder and appendix surgery, Hernia repair.
- Laparoscopic (keyhole) surgery.

- Emergency and trauma surgery.
- Breast lump and breast-related surgeries.
- Anorectal conditions (piles, fissures, fistula).
- Intestinal surgeries and stoma care.

Languages Spoken

- English
- Hindi
- Kannada
- Urdu
- Tulu
- Malyalam

Awards & Achievements

- Best Research Paper Award (2nd Prize)
- ASICON 2020 - Axillary reverse mapping reduce lymphedema during axillary lymph node dissection in breast cancer surgery.

Talks & Publications

- Hussain S.A., et al. 'Perioperative CRP Testing in General Surgery' (IJHS, 2022).
- Basila Ameer Ali, Hussain S.A., et al. 'Incidental Carcinoma in Benign Thyroid Disease' (IJHS, 2022).
- Mohammad Zuber, Hussain S.A., et al. 'Septal Deviation Impact on Airflow Distribution' (JARNHT, 2024).