

DR. SYED AHMED

Consultant - Gastroenterology

Qualification

MBBS | MD (INT MED, PGIMER, CHANDIGARH) | DM (Gastroenterology and Human Nutrition, AIIMS, NEW DELHI)

Overview

Dr. Syed Ahmed is an accomplished Consultant in Medical Gastroenterology and Advanced Therapeutic Endoscopy, currently practising at Manipal Hospital Sarjapur Road, Bengaluru. With an exceptional academic foundation and extensive clinical exposure across India’s premier medical institutes, he is recognised for delivering advanced, evidence-based care for complex gastrointestinal and liver disorders. Dr. Ahmed completed his MBBS from Bangalore Medical College and Research Institute (BMCRI), followed by an MD in Internal Medicine from the prestigious Postgraduate Institute of Medical Education and Research (PGIMER), Chandigarh. He further specialised with a DM in Gastroenterology and Human Nutrition from the All India Institute of Medical Sciences (AIIMS), New Delhi, one of the highest medical qualifications in the field. After completing his DM, he served as a Faculty Member in New Delhi, contributing to both clinical care and teaching. His expertise spans the full spectrum of digestive and hepatobiliary diseases, with strong proficiency in diagnosing and managing gastric disorders, liver conditions, pancreatobiliary diseases, inflammatory bowel disease, gastrointestinal bleeding, functional

bowel disorders, and critical care gastroenterology. Dr. Ahmed has a particular interest in advanced therapeutic and interventional endoscopic procedures, including ERCP, endoscopic ultrasound, third-space endoscopy, and minimally invasive endoscopic interventions. His training across high-volume tertiary care centres has strengthened his ability to manage complex and critically ill patients with precision and clarity. Dr. Ahmed has also contributed significantly to research, publishing work in reputed journals on hepatology, cirrhosis care, coagulation testing, acute-on-chronic liver failure, and maternal health in cholestatic disorders. He is an active member of leading professional bodies such as the Indian Society of Gastroenterology, the Society for Gastrointestinal Endoscopy of India, the American Society for Gastrointestinal Endoscopy, and the American Association for the Study of Liver Diseases. Fluent in Kannada, English, Hindi, and Tamil, Dr. Ahmed is committed to providing comprehensive, patient-centred gastrointestinal care backed by strong academic excellence and advanced clinical skill.

Fellowship & Membership

- Indian society of gastroenterology
- Society for gastrointestinal endoscopy of India
- American society of Gastrointestinal endoscopy
- American association for study of liver diseases

Field of Expertise

- Dr. Syed Ahmed has developed extensive experience in managing gastric disorders, liver diseases, pancreatobiliary disorders, inflammatory bowel disease, gastrointestinal bleeding, functional bowel disorders, acute emergencies, and critical care gastroenterology

- His particular clinical interests lie in advanced endoscopic therapeutics, including ERCP, endoscopic ultrasound, third-space endoscopy, and minimally invasive interventions.

Languages Spoken

- Kannada
- English
- Hindi
- Tamil

Awards & Achievements

- Gold Medal in MBBS
- Highest score - Batch topper medal in MD - PGIMER Chandigarh
- Early career investigator award - AASLD, San Diego 2024

Talks & Publications

- Ahmed, Syed MD*; Premkumar, Madhumita MD, DM†; Dhiman, Radha K. MD, DM†; Kulkarni, Anand V. MD, DM‡; Imran, Rather MSc§; Duseja, Ajay MD, DM†; Kaur, Prabhdeep MSc‖; Taneja, Sunil MD, DM†; Singh, Virendra MD, DM†; Mishra, Saurabh MD, DM†; Roy, Akash MD†; Mehtani, Rohit MD†. Combined PEG3350 Plus Lactulose Results in Early Resolution of Hepatic Encephalopathy and Improved 28-Day Survival in Acute-on-Chronic Liver Failure. Journal of Clinical Gastroenterology 56(1):p e11-e19, January 2022. | DOI: 10.1097/MCG.0000000000001450.
- Ahmed, S., Sharma, S., Agarwal, S. et al. Utility of different Baveno criteria to detect esophageal varices irrespective of

their size in patients with compensated cirrhosis. Indian J Gastroenterol(2023). https://doi.org/10.1007/s12664-023-01458-1.

- Rana R, Tabish M, Agarwal S, Bayye R, Ahmed S, Gunjan D, Sharma S, Saraya A. Simvastatin Addition to Standard of Care Improves Long-Term Survival in Patients With Cirrhosis After Variceal Bleed: An Open Label Randomized Controlled Trial. Am J Gastroenterol. 2025 Jul 31. doi: 10.14309/ajg.0000000000003689. Epub ahead of print. PMID: 40736696.
- Tabish M, Agarwal S, Gopi S, Rana R, Ahmed S, Gunjan D, Sharma S, Saraya A. Randomized Controlled Trial of Intravenous Ferric Carboxymaltose vs Oral Iron to Treat Iron Deficiency Anemia After Variceal Bleed in Patients With Cirrhosis. Am J Gastroenterol. 2024 May 14. doi: 10.14309/ajg.0000000000002775. Epub ahead of print. PMID: 38517084.
- Rana, Randeep & Agarwal, Samagra & Sharma, Sanchit & Sonika, Ujjwal & Ahmed, Syed & Gopi, Srikanth & Gunjan, Deepak & Saraya, Anoop. (2022). Non-invasive tools are suboptimal to predict the presence of varices needing treatment and risk of clinical decompensation in patients with autoimmune hepatitis related cirrhosis. Journal of Hepatology. 77. S635. 10.1016/S0168-8278(22)01586-0.
- Premkumar M, Mehtani R, Divyaveer S, Kajal K, Kulkarni AV, Ahmed S, et al. Clinical Validation of Global Coagulation Tests to Guide Blood Component Transfusions in Cirrhosis and ACLF. J Clin Transl Hepatol. 2021;9(2):210-219. doi: 10.14218/JCTH.2020.00121.
- Premkumar, Madhumita & Roy, Akash & Mehtani, Rohit & Ahmed, Syed & Suri, Vanita & Aggarwal, Neelam & Dhiman, Radha. (2020). Ursodeoxycholic acid reduces cholestatic hepatitis and maternal bile acid levels in intrahepatic

cholestasis of pregnancy. Journal of Hepatology. 73. S467. 10.1016/S0168-8278(20)31415-X.

- Rana, Randeep & Sharma, Sanchit & Ahmed, Syed & Gupta, Anany & Wong, Yu Jun & Gunjan, Deepak & Saraya, Anoop. (2022). Evaluating the Practice of Prescribing Beta-blockers in Compensated Cirrhosis by Gastroenterologists in the Asia Pacific Region. Journal of Clinical and Experimental Hepatology. 13. 10.1016/j.jceh.2022.09.003.
- Agarwal, Samagra & Sharma, Sanchit & Grover, Indu & Singh, Namrata & Ahmed, Syed & Saraya, Anoop. (2023). Longitudinal changes in bone mineral density are associated with long-term survival in patients with cirrhosis: A proof of concept study. 10.21203/rs.3.rs-2577937/v1