

DR. JAGRITI NAHATA

Associate Consultant - Cardiology

Qualification

DM - Cardiology | MD - Internal Medicine | MBBS

Overview

Dr. Jagriti Nahata is one of the most experienced and dedicated interventional cardiologist in Bangalore who brings a blend of clinical expertise and academic excellence to cardiovascular care. She is currently practicing as an Associate Consultant- Cardiology, at Manipal Hospital Sarjapur Road, Bengaluru. She holds an MBBS from Bangalore Medical College & Research Institute and an MD in Internal Medicine from Maulana Azad Medical College, New Delhi, where she was a Gold Medalist. She further specialized with a DM in Cardiology from S.M.S. Medical College & Hospitals, Jaipur, where she also earned a Gold Medal. Her academic achievements include an All India Rank 5 in the NEET PG Entrance exam and an INI SS-AIIMS Rank 5 in Cardiology. With extensive hands-on experience, Dr. Nahata has independently performed over 1,000 coronary angiographies and more than 300 percutaneous coronary interventions (PCIs). Her skills extend to complex procedures such as left main bifurcation PCIs, chronic total occlusions, and heavily calcified lesions. She is also proficient in cardiac device therapy, having performed over 200 permanent pacemakers and AICD implantations. Her expertise includes image-

guided PCI, structural heart interventions, and peripheral interventions. She is well-versed in advanced cardiac imaging, including echocardiograms and stress testing. Dr. Nahata's clinical management skills are exemplary in handling cardiac emergencies, including acute coronary syndromes, arrhythmias, and heart failure. Her commitment to an evidence-based approach is reflected in her numerous peer-reviewed publications and active participation in national and international conferences. Her approach combines technical excellence with compassionate care, ensuring patients receive comprehensive and empathetic treatment.

Fellowship & Membership

- Cardiology Society of India

Field of Expertise

- Interventional Cardiology (Coronary Angiography, Angioplasty)
- Cardiac Device Therapy (Pacemaker/AICD implantation)
- Non-invasive Cardiology (Echocardiography, Stress Testing, Strain Imaging, ECG/Holter Interpretation)
- Acute Coronary Syndromes
- Critical Care Cardiology
- Heart Failure Management
- Valvular Heart Disease
- Arrhythmia Management
- Preventive Cardiology

Languages Spoken

- English
- Hindi

- Kannada

Awards & Achievements

- Pushpa Sharma Memorial GOLD MEDAL in DM Cardiology, 2025
- Dr. Sudhir Rehan Memorial Award for “Best 3rd Year PG student in Medicine”, Maulana Azad Medical College (MAMC) Delhi, 2022
- Gold Medal in MD internal Medicine ,2022
- All India Rank-5 in NEET PG Entrance exam, 2018
- INI SS- AIIMS Rank 5 in Cardiology, 2022
- Awarded as best outgoing MBBS graduate , Bangalore Medical College,2017
- 2nd prize in poster presentation Medicine Update 2020
- 1st prize in poster presentation RAJCSI conference 2024

Talks & Publications

- As first author “Assessment of capacity of Global longitudinal strain in detecting subclinical LV dysfunction in patients with Aortic stenosis."European Journal of Cardiovascular Medicine, vol. 15, no. 1, 2025, pp. 426-436.
- As corresponding author "Clinical and Coronary Angiographic Profile in Failed versus Successful Thrombolysis in Acute ST Elevation Myocardial Infarction Patients."European Journal of Cardiovascular Medicine, vol. 14, no.6 2024,pp 750-754
- As first author “Atypical Hemolytic uremic syndrome: A rare cause of Malignant Hypertension & Acute Renal Failure in adult” .Kidney International Reports (2021) ,Vol 6, Issue 4, page S85. Presented the above at World Congress of Nephrology 2021.
- Effects of short trerm Hemodialysis on Left Ventricular structure

& functions. Kidney International Reports , vol 6, issuec 4, S253-254.

- Case report on “Extrapulmonary Sarcoidosis presenting as Myositis: A Rare Case.” Indian J Rheumatol 2020; 15:366-9. Presented above poster in Medicine update 2020 and secured 2nd Position
- Poster presenation at RAJ CSICON 2024 “Breaking the resistance :Renal Denerevation Success Story. A step forward in Hypertension Mnagement- Experience from SMS Hospital Jaipur”
- Poster presenation at RAJ CSICON 2024 “Percutaneous Coronary Intervention in Anomalous Coronary Artery Origin- Case series”