



DR. VARSHA SAXENA

Consultant - Paediatric Sleep Medicine

Qualification

MBBS | MD (Pediatrics) | DPSM

Overview

Dr. Varsha Saxena is a distinguished paediatrician in Bangalore. She's currently practising as a Visiting Consultant - Paediatrics at Manipal Sarjapur Clinic, Bangalore. Dr. Varsha comes with nearly three decades of expertise in Paediatrics and Neonatology. She holds an MBBS and an MD in Paediatrics, and her extensive experience encompasses a broad spectrum of paediatric care, underscoring her commitment to the health and well-being of children. Significant contributions to several renowned medical institutions across India have marked Dr. Saxena's professional journey. Her empathetic approach and clinical acumen have greatly benefited her young patients which leads her to be the leading Paediatrician in Sarjapura Road. Dr. Varsha Saxena's commitment to advancing paediatric care through her involvement with the Adolescent Health Academy of the Indian Academy of Pediatrics (IAP) is praiseworthy. As a certified Corm Deal professional, she specialises in early intervention for developmental disorders in children. This certification highlights her proficiency in identifying and managing developmental delays, ensuring timely and effective treatment for her young patients. In addition, Dr. Saxena is multilingual

and fluent in English, Hindi, and Kannada. This linguistic versatility enhances her ability to communicate effectively with a diverse patient populace, ensuring that her patients and their families receive personalised and culturally sensitive care. Besides her clinical skills, Dr. Varsha Saxena is acknowledged for her contributions to medical literature and community education. She has authored numerous articles on parenting issues and childhood health problems, featured in prominent online portals and magazines. Her work includes insightful articles in BAMBI magazine and contributions to the Doctors Circle online portal, where she addresses common childhood ailments and developmental challenges. Her writing reflects a deep understanding of the complexities of child development and a dedication to informing and supporting parents through various stages of their children's growth. Dr. Varsha Saxena's dedication to paediatric care, her extensive experience across prestigious healthcare institutions, and her contributions to paediatric literature make her a valuable asset to Manipal Clinic Sarjapur Road. Her approach combines clinical excellence with a compassionate understanding of the needs of children and their families, solidifying her reputation as a trusted and respected paediatrician.

Fellowship & Membership

- IAP member

Field of Expertise

- General Pediatrics /Pediatric Sleep Medicine

Languages Spoken

- English

- Hindi
- Kannada

Talks & Publications

- BAMBI magazine for articles on child development
- Articles on common childhood problems and diseases on the Doctors Circle online portal