DR. SHWETA KADABA

Consultant - Neuropsychologist

Qualification

PhD Clinical Psychology (Mumbai) | P.G.Dip Applied Neuropsychology (UK)

Overview

Dr. Shweta is an experienced consultant neuropsychologist with a background in clinical practice and teaching spanning over 11 years in Mumbai and Bengaluru. She completed her PhD in Clinical Psychology at the University of Mumbai. She further specialised by completing a Post Graduate Diploma in Applied Neuropsychology at the University of Bristol, UK. Her expertise lies in conducting thorough neuropsychological assessments tailored to diagnose and manage various neurological disorders, including but not limited to dementia, traumatic brain injury, epilepsy, stroke and adult ADHD. She has been a clinical observer and has undergone short training courses in neuropsychological rehabilitation in the USA. To supplement this training further she has completed international courses in Acceptance and Commitment Therapy. This specialised training equips her with the skills necessary to address a wide range of challenges faced by individuals with brain injuries, such as attention deficits, memory impairment, cognitive difficulties, behavioural and emotional issues, and psychosocial concerns. Dr. Shweta's passion for vocational rehabilitation underscores her commitment to helping patients

reintegrate into society and regain independence following a brain injury. The holistic approach to treatment of this neuropsychologist in Bangalore extends beyond traditional neuropsychology, as she incorporates Acceptance and Commitment Therapy (ACT) into her practice. This evidence-based therapeutic approach enables her to support individuals with neurological disorders in overcoming psychological barriers and achieving meaningful life goals.

Fellowship & Membership

- Member of the International Neuropsychological Society
- Life Member of the Indian Federation for Neurorehabilitation
- Member of the Indian Epilepsy Society
- Member of the ACBS

Field of Expertise

- Neuropsychological Assessment and Rehabilitation of Dementia
- Traumatic Brain Injury
- Stroke
- Epilepsy
- Adult ADHD
- Neuropsychological sequelae of any Acquired Brain injury - Hypoxia, Movement Disorders, Multiple Sclerosis
- Functional Cognitive Disorder
- Caregiver interventions and Support Groups

Languages Spoken

- English
- Hindi
- Marathi

Awards & Achievements

- Elected as Co-Chair of the Brain Injury Special Interest Group of the International Neuropsychological Society (2023-2026).
- Best poster award. SCARF's (Schizophrenia Research Foundation) 2nd International Conference on Schizophrenia, Oct 2006, Chennai, India.

Talks & Publications

- Faculty at the IFNR annual conference as part of the Cognitive Rehabilitation workshop in April 2023.
- 2018 to date: Conducted online and in-person sessions for middle and senior school children about topics like "The Teenage Brain"," Digital Citizenship" "Stress Management" and "Sexuality" at the Valley School, Bangalore.
- U.R. Shah, S. Kadaba, R. Hydari, P.U. Shah. "Quality of Life in epilepsy: A preliminary study." Best paper award, 2nd Joint Conference of the Indian Epilepsy Association and Indian Epilepsy Society. Dec 2001. Mumbai, India.
- R. Hydari, S. Thatte, U.R. Shah, A.V. Sovani, S. Kadaba, S. Ravat, M.G. Bhatjiwale, P.U. Shah. "Adaptation of a neuropsychological assessment for India." Poster at the 2nd Asian & Oceanian Epilepsy Congress, Nov 2000, New Delhi, India.