

DR. SHOBHIKA SELVARAJ

Consultant - Obstetrics and Gynaecology

Qualification

MBBS | MS - OBG | DNB - OG (New Delhi) | MRCOG (UK) | FACOG (USA)

Overview

Meet Dr. Shobhika Selvaraj, a Experienced gynaecologist at Manipal Hospital, Sarjapur Road, Bengaluru. With a distinguished medical career, Dr. Shobhika has served as a Senior Registrar and Assistant Surgeon at reputed teaching institutes, including Madras Medical College – Chennai, Coimbatore Medical College, and Salem Medical College. Her areas of expertise include preconception counselling, infertility treatment, and the management of high-risk pregnancies. Over the years, she has successfully conducted more than 30000 deliveries, comprising both natural and C-section births, along with over 1000 instrumental deliveries using vacuum and forceps. She is also proficient in performing vaginal births after caesarean (VBAC). Dr. Shobhika has extensive experience in a wide range of gynaecological surgeries, including procedures for ectopic pregnancy, dilation & curettage (D&C), oophorectomy, hysterectomy, sterilisation, cervical biopsy, and colposcopy. She is well-versed in managing obstetric emergencies and ICU care. She is an active member of renowned medical bodies such as the Federation of Obstetrics & Gynaecological Societies of India (FOGSI) and the Royal College of Obstetrics &

Gynaecology, London. Her academic contributions include publications like "Prevalence of Heart Disease in Pregnant Women" and "Comparison of Various Methods of Second-Trimester Medical Termination of Pregnancy". Fluent in English, Hindi, Telugu, Malayalam, and Tamil, Dr. Shobhika ensures clear and empathetic communication with her patients. She adopts a holistic and respectful approach to maternity care, focusing on long-term health and emotional well-being. Experience expert and compassionate care with Dr. Shobhika Selvaraj at Manipal Hospital, Sarjapur Road.

Fellowship & Membership

- Member of Royal College of Obstetrics & Gynaecology London

Languages Spoken

- English
- Hindi
- Telugu
- Malayalam
- Tamil

Awards & Achievements

- Best doctors award from the district collector for commendable selfless service rendered during COVID-19 for needy people.

Talks & Publications

- Publication: study of heart disease in antenatal mothers along with fetal and maternal outcome at IJRCOG journal.

- Comparison of the efficacy of various methods of induction in second-trimester medical termination of pregnancy.
- Ovarian torsion explained: How an intense lower abdominal pain sent a woman straight to emergency surgery. Click Here