



DR. VANISHREE BN

Consultant - Psychiatry

Qualification

MBBS | DPM | FIPR (Fellowship in psychiatric rehabilitation) - NIMHANS

Overview

If you're looking for a psychiatrist in Sarjapur, you may rely on Dr. Vanishree B N with closed eyes. She is highly skilled and knowledgeable and brings more than 6 years of extensive experience with her. She is now employed at Manipal Hospitals Sarjapur Road, Bengaluru and is working as a part of their team of excellent psychiatrists. Dr. Vanishree completed her MBBS in 2015, and her post graduation in psychiatry in the year 2019. She has received a fellowship in psychiatric rehabilitation from the National Institute of Mental Health and Neurosciences. Dr. Vanishree B N specialises in treating common and severe mental health disorders, including schizophrenia, substance abuse and addiction, depression, anxiety, and other related disorders. She also has experience with LGBTQ-related mental health issues and LGBTQ counselling, as well as psychiatric rehabilitation. She addressed the webinars and mental Health awareness talks to the Police officers, prisoners, the LGBTQ community and students. Dr. Vanishree B N received a gold medal in post-graduate studies. She has years of expertise in addressing patients' health conditions effectively. Dr. Vanishree B N is highly

compassionate and will listen to your health concerns and provide you with the finest care possible. She is recognised for her attention to detail, precise diagnoses, and compassionate care of her patients.

Field of Expertise

- Expertise in treating Common and severe mental health disorders like depression, anxiety, schizophrenia, and substance abuse/addiction.
- LGBTQ-related mental health issues and LGBTQ counselling.
- Psychiatric rehabilitation.

Languages Spoken

- Kannada
- English
- Hindi
- Telugu

Awards & Achievements

- Gold medalist in Post-Graduation.

Talks & Publications

- Webinars and mental Health awareness talks to the LGBTQ community, Police officers, prisoners, and school, and college students.
- Dr. Vanishree BN on Anxiety attacks: Feeling trapped in a bus or flight, scared before a presentation? Know how to combat triggers | The Indian Express. [Click Here](#)