

DR. SOWMYA M

Consultant – Dermatology

Qualification

MBBS | MD Dermatology

Overview

Dr. Sowmya M is a highly skilled and experienced dermatologist and cosmetologist, known for her expertise in the field of dermatology and cosmetic dermatology currently working at Manipal Hospitals Sarjapur Road. Dr Sowmya holds an MBBS degree and an MD qualification in Dermatology, which has equipped her with extensive knowledge and expertise in the field. Throughout her career, she has received accolades and recognition for her exceptional academic performance, including winning the Best Outgoing Student awards in various subjects during her under-graduation. This recognition highlights her dedication to excellence and her comprehensive understanding of dermatology and cosmetology. With her wide range of experience, Dr. Sowmya specializes in various dermatological procedures and treatments. Her expertise extends to performing procedures such as scar treatment, radiofrequency ablation, electromigration, microdermabrasion, and derma roller. These procedures allow her to effectively address a variety of skin concerns and provide optimal solutions for her patients. Dr. Sowmya’s knowledge and skill in the management of psoriasis are noteworthy. She employs modalities such

as UV light and laser therapy to effectively treat this chronic skin condition. Additionally, she excels in the treatment of other disorders, including drug reactions, lichen planus, vesico bullous disorders and various other dermatoses. Her ability to diagnose and treat these conditions with precision showcases her expertise and commitment to patient care. For the same reason, she is considered the best dermatologist in Sarjapur Road, Bangalore. In the field of cosmetology, Dr. Sowmya is proficient in a range of procedures aimed at anti-aging, laser hair removal and acne treatment. She specialises in the removal of moles, skin tags and warts, offering patients effective and safe solutions. Furthermore, she successfully helps patients eliminate wrinkles by performing Botox treatments, thus rejuvenating their facial appearance. Dr. Sowmya also utilizes advanced techniques such as PRP (Platelet Rich Plasma), phototherapy, stem cell treatment for hair regrowth, and facial rejuvenation, providing her patients with the best-personalised care possible. Dr. Sowmya is committed to practising evidence-based medicine and follows international and national protocols in patient management. She upholds the highest ethical standards and consistently offers excellent clinical outcomes. Her dedication to providing the best possible care to her patients is evident in her adherence to guidelines and her commitment to ongoing professional development. Good at communication in English and Hindi, Dr Sowmya effectively communicates with her patients, making sure that they feel comfortable and informed throughout their treatment journey. Her ability to establish rapport and engage with patients is a testament to her compassionate approach and commitment to patient-centred care. In conclusion, Dr. Sowmya M qualified and experienced dermatologist and cosmetologist known for her expertise in dermatology and cosmetic dermatology. With her extensive knowledge, proficiency in procedures, and commitment to evidence-based medicine, she consistently offers outstanding clinical outcomes. Dr. Sowmya’s dedication to patient care, ethical practice, and comprehensive understanding of the field make her a trusted and

respected dermatologist in the Sarjapur Road area of Bangalore.

Field of Expertise

- Dermatology, Venerology & Leprosy

Languages Spoken

- English
- Hindi

Talks & Publications

- Unusual skin redness? Get it checked out now - Dr. Sowmya M, Consultant Dermatology, Manipal Hospital Sarjapur. Click Here
- Dr. Sowmya M on Skin infections on the rise; docs blame damp weather | The Times of India.Click Here
- Dr. Sowmya M on Tender loving care? Wart are you saying! | Bangalore Mirror. Click Here