



DR. AKSHAY BALLAL

Consultant – Pediatrician and Pediatric Intensive Care Specialist

Qualification

MBBS | MD (Pediatrics)

Overview

Dr. Akshay Ballal serves as a Senior Consultant for Paediatric General & Cardiac ICU at Manipal Hospital, Sarjapur Road, Bangalore, specialising in the care of critically ill children. He oversees the Paediatric Intensive Care Unit (PICU) and Paediatric Emergency while efficiently managing the paediatric outpatient responsibilities. Through his OPD services, he guides parents on growth milestones, developmental progress, and essential immunisations. Dr. Ballal is highly skilled in advanced medical procedures, including endotracheal intubation, central line placement, and emergency ultrasound (USG). His research interests focus on severe sepsis and Acute Respiratory Distress Syndrome (ARDS). Dr. Ballal brings extensive experience from leading paediatric care facilities. He has experience working in a tertiary referral Paediatric ICU where he provided advanced respiratory support using mechanical ventilation, non-invasive ventilation (NIV), heated humidified high-flow nasal cannula (HHFNC), and high-frequency oscillatory ventilation (HFOV). He also managed complex cases requiring haemodynamic support, dialysis, oncological emergency care, and polytrauma interventions. Dr. Ballal also

specializes in post-operative care for congenital heart disorders and provides ECMO support. His educational background is equally impressive. Dr. Ballal earned his M.B.B.S. from Rajiv Gandhi University of Health Sciences (R.G.U.H.S.), Karnataka, followed by an M.D. in Paediatrics from Sri Devaraj Urs Medical College (S.D.U.A.H.E.R.), Karnataka. His technical expertise, combined with his strong academic foundation, enables him to deliver high-quality patient care in critical settings. Beyond his clinical skills, Dr. Ballal possesses excellent communication abilities and a calm temperament, making him highly effective in high-pressure environments. He is also multilingual, being fluent in English, Tulu, Kannada, Hindi, and Telugu. This linguistic versatility allows him to communicate effectively with patients and families from diverse backgrounds, ensuring comprehensive and compassionate care.

Languages Spoken

- English
- Hindi

Talks & Publications

- Flexible Nasolaryngoscopy: A valuable tool for OPD and bedside airway and swallowing assessments in children
- Indian Journal Pediatrics