



DR. RADHIKA V KUMAR

Senior Consultant - Endocrinology

Qualification

MBBS | MRCP General Internal Medicine | MRCP in Diabetes & Endocrinology

Overview

Dr. Radhika V Kumar is a highly qualified and experienced Senior Consultant in the field of Endocrinology. She has over 15 years of experience and currently practices at Manipal Hospitals in Sarjapur Road, Bangalore. She holds multiple degrees, including MBBS, and MRCP in General Internal Medicine, and Diabetes & Endocrinology. She has become a specialist in Internal Medicine with a focus on Endocrinology and diabetes. Dr. Radhika V Kumar completed her undergraduate training at Dr. MGR Medical University, Tamil Nadu. After that, she served in the public healthcare sector for two years. Seeking further training and expertise, she moved to the United Kingdom, where she pursued training in General Internal Medicine at Ninewells Hospital, NHS Tayside in Dundee. She also gained valuable experience at Perth Royal Infirmary, NHS Tayside in Perth, Scotland, UK. During her time in the UK, she completed the Membership of the Royal College of Physicians (MRCP) examinations in General Internal Medicine, earning recognition from the Royal College of Physicians in London, Glasgow, and Edinburgh. Dr. Radhika actively participated as a sub-investigator in several multicentric randomised controlled trials

during this period, further enhancing her expertise. She has also worked as a Clinical Research fellow in Vascular Disease research at the Stroke Unit of the University of Dundee, Tayside, Scotland. Her passion for Diabetes and endocrinology led her to pursue speciality and sub-speciality training in the field. Dr. Radhika underwent comprehensive training in Diabetes & Endocrinology at NHS Tayside, Dundee, Scotland, UK, as well as NHS Grampian in Aberdeen. For the same reason, she is considered one of the best endocrinologists in Sarjapur Road, Bangalore. She also earned the MRCP in Endocrinology & Diabetes, firming her position as a reputable professional acknowledged by the Royal College of Physicians in London, Glasgow, and Edinburgh. Returning to India, Dr. Radhika worked as a Consultant Endocrinologist and Physician at other corporate hospitals. She eventually joined the esteemed Columbia Asia Hospital group in October 2017. Her expertise and interest lie in obesity management, particularly for those who are morbidly obese. She is committed to practising evidence-based medicine and adheres to international and national protocols in patient management. Dr. Radhika V Kumar has experience in general diabetes management which includes diabetic emergencies, inpatient and outpatient management of T1DM, T2DM, diabetes management during medical and acute surgical illness, management of diabetes in the elderly, eyes - diabetic related complications, kidneys, cholesterol, and foot care in diabetes. She also gained experience in pediatric endocrinology & diabetes mellitus, adolescent diabetes mellitus, and maternity diabetes mellitus or diabetes during pregnancy. Dr. Radhika is fluent in English and Hindi, enabling effective communication with patients from diverse linguistic backgrounds. Her passion is to make care accessible to the needy at an affordable cost and with excellent clinical outcomes. Through her work at Columbia Asia Hospital and her focus on obesity management, Dr. Radhika strives to deliver high-quality healthcare while ensuring affordability and positive clinical outcomes for her patients.

Field of Expertise

- Diabetes & Endocrinology

Languages Spoken

- English
- Hindi