



DR. SAUBHIK DAS

Consultant - Orthopaedic Surgeon

Qualification

MBBS (Gold Medalist) | MS (Ortho) | FACS (USA) | FICS | FIMSA

Overview

Dr. Saubhik Das, M.B.B.S. (Gold Medalist), MS (Orthopaedics), FACS (USA), FICS, FIMSA, is a distinguished Orthopaedic Surgeon, academician, and researcher recognised for his commitment to delivering advanced, evidence-based, and patient-centric musculoskeletal care. With an illustrious academic background, extensive international training, and a passion for innovation in orthopaedic surgery, he has established himself as a trusted name in the management of complex orthopaedic conditions involving joints, sports injuries, trauma, and reconstruction. A Gold Medalist during his undergraduate medical education, Dr. Das has consistently demonstrated excellence throughout his academic and professional journey. After completing his MBBS, he pursued his Master of Surgery (MS) in Orthopaedics from the prestigious Central Institute of Orthopaedics (CIO), VMMC & Safdarjung Hospital, New Delhi, one of India's leading centres for orthopaedic education and training. His pursuit of surgical excellence led him to undertake advanced fellowships and clinical training across internationally renowned institutions in Germany, Austria, South Korea, and the United Kingdom.

Dr. Das specialises in Arthroplasty (Joint Replacement Surgery), Arthroscopy, Sports Medicine, Pelvic-Acetabular Surgery, Complex Trauma Care, and Joint Reconstruction. His expertise encompasses the management of knee, hip, and shoulder disorders, ligament injuries, cartilage restoration procedures, fracture treatment, and advanced trauma surgery. By integrating globally accepted surgical techniques with modern technology and evidence-based practices, he strives to restore mobility, alleviate pain, and improve the overall quality of life of his patients. In addition to his clinical accomplishments, Dr. Das has made significant contributions to medical education and research. He has served as Assistant Professor of Orthopaedics at premier institutions such as the All India Institute of Medical Sciences (AIIMS), Rishikesh, and the Rajendra Institute of Medical Sciences (RIMS), Ranchi, where he played an active role in teaching, mentoring young surgeons, and promoting academic excellence. His dedication to advancing orthopaedic knowledge is reflected in his authorship of more than 41 indexed national and international research publications and multiple book chapters. An internationally acclaimed researcher, Dr. Das has been honoured with the prestigious ISAKOS Excellence in Authorship Award at Munich, Germany, in 2025, recognising his valuable scientific contributions to global orthopaedic literature. His research interests include joint reconstruction, sports injuries, arthroplasty outcomes, trauma management, and innovations in orthopaedic surgery. Beyond his academic and surgical achievements, Dr. Das is deeply committed to ethical medical practice and compassionate patient care. He firmly believes that successful treatment extends beyond surgery and requires trust, empathy, clear communication, and personalised attention. His approach combines clinical expertise, precision, and a humane touch, ensuring that every patient receives comprehensive care tailored to their individual needs. Driven by a vision to provide world-class orthopaedic treatment while maintaining the highest standards of integrity and professionalism, Dr. Saubhik Das continues to contribute meaningfully to patient care,

surgical education, and orthopaedic research, helping countless individuals regain movement, independence, and a better quality of life.

Fellowship & Membership

- Clinical fellow: Orthopaedics & Traumatology, TUM Klinikum Rechts der Isar, Technische Universität München (TUM), Germany. AO Clinical Fellow: Leeds Teaching Hospitals NHS Trust, University of Leeds, United Kingdom (UK).
- Clinical and Research Fellowship: Joint & Sports Surgery. FIFA Medical Centre of Excellence; UMIT Tirol, Austria.
- AO Fellowship: Krankenhaus Barmherzige Brüder, Regensburg, Germany.
- Clinical and Research Fellowship: Joint Reconstruction and Sports Surgery: Seoul National University Bundang Hospital (SNUBH), Seoul, South Korea.
- SICOT fellow, Germany
- Observership: Sports Injury Centre (SIC), Safdarjung Hospital, New Delhi, India.

Field of Expertise

- Joint Replacement Surgery (Arthroplasty)
- Arthroscopy & Sports Medicine
- Trauma Surgery
- Pelvic & Acetabular Surgery
- Shoulder, Hip & Knee Disorders
- Orthopaedic Trauma Care
- Advanced Orthopaedic Procedures

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- AWARDED in JISAKOS “Excellence in Authorship” Program, 2024-25 (ISAKOS Congress 2025, Munich, Germany).
- Awarded Gold Medal in M.B.B.S.
- Secured 3rd position in paper presentation in the 33rd Annual National Conference of the Indian Foot and Ankle Society (IFASCON 2021).