

DR. HIMANISH ROY

Consultant - Paediatrics

Qualification

MBBS | MD | DCH | MRCPCH (Edin.) | FRCP (Edin) | FRCPCH (Royal College of Paediatrics & Child Health, London)

Overview

Dr. Himanish Roy is a highly accomplished and dedicated paediatrician and neonatologist with extensive clinical, academic, and community health experience. With a strong foundation in medicine, he completed his MBBS from NRS Medical College in 2007, followed by a Diploma in Child Health (DCH) and an MD in Community Medicine and Paediatrics. Over the years, he has further strengthened his expertise with prestigious international qualifications including MRCPCH (UK), DCH (UK), and MRCPE (Edinburgh), along with specialized certifications from institutions in the USA and Australia. Currently serving as a Senior Consultant in Paediatrics and Neonatology across leading hospitals in Kolkata, Dr. Roy has played a pivotal role in advancing paediatric care. His clinical expertise spans neonatology, paediatric critical care, and developmental disorders, supported by advanced training in paediatric echocardiography, ECG, and cranial ultrasonography. His international exposure includes observerships in NICU and PICU settings in Singapore and the UK, enhancing his global perspective on child healthcare. Beyond clinical practice, Dr. Roy is deeply involved in academics and teaching. He serves as an Honorary Clinical Associate

Professor for DNB Paediatrics and has mentored numerous postgraduate students, nursing trainees, and international medical students. He has conducted multiple MRCPCH and DCH training programs across India and abroad, contributing significantly to medical education. His commitment to knowledge dissemination is further reflected through workshops, seminars, and over 50 webinars conducted during the COVID-19 pandemic. Dr. Roy's contributions extend strongly into research and public health. He has led and collaborated on multiple longitudinal and cross-sectional studies focusing on tribal health, child nutrition, infectious diseases, and community medicine. His work has particularly impacted underserved populations, including tribal communities, slum dwellers, and child labourers. He has also been actively involved in public health initiatives such as vaccination drives, nutrition programs, and disease awareness campaigns. A passionate community health advocate, Dr. Roy has provided free treatment to thousands of underprivileged children and played a crucial role during the COVID-19 pandemic by treating over 2,500 affected children and organizing outreach clinics in rural areas. His leadership capabilities are evident from his role as Founder and Director of a paediatric department where he established advanced NICU and PICU facilities. Overall, Dr. Himanish Roy exemplifies a blend of clinical excellence, academic leadership, and compassionate community service, making him a respected figure in paediatrics and neonatology.

Field of Expertise

- Comprehensive child and newborn care
- Paediatric Cardiology diagnostics
- Neonatal and Cranial Ultrasonography
- Management of infectious diseases in children
- Child nutrition and developmental health
- Management of adolescent health, including behavioural

disorders
- Paediatric emergency care and life support
- Vaccination, immunisation, and preventive paediatrics
- Management of Paediatric Skin diseases and allergies

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- He was awarded a Gold Medal in MD (Community Medicine) and a Silver Medal in DCH from WBUHS.
- During his undergraduate studies, he earned multiple gold and silver medals across various subjects along with class assistantships.
- He was recognized with the Best Thesis Award in 2014 and received the COVID Warrior Award in 2021 from both the Government of West Bengal and the Rotary Club for his exceptional service during the pandemic.

Talks & Publications

- Authored and co-authored several research papers in national and international journals
- Studied vitamin D awareness among tribal adolescents in Kashmir
- Researched infant and young child feeding practices
- Worked on adolescent health and body image perception

- Studied health profiles of child labourers
- Conducted research on infant mortality in rural West Bengal
- Studied hypertension among IT professionals
- Researched horizontal transmission of H1N1 influenza in newborns
- Contributed valuable insights to paediatric and community health