

DR. SANANDAM SARKAR

Consultant - Internal Medicine

Qualification

M.B.B.S. | M.D. (GENERAL MEDICINE) | M.R.C.P. (UK)

Overview

Dr. Sanandam Sarkar a dedicated and Best Internal Medicine Doctor in Saltlake, Kolkata with a strong academic foundation and extensive clinical experience spanning over a decade. He holds an M.B.B.S. and M.D. in General Medicine from Burdwan Medical College and successfully cleared the prestigious M.R.C.P. (UK) examination in June 2023. His career reflects a consistent commitment to patient-centred care, clinical excellence, and continuous learning, making him a highly valued professional in his field. Currently, Dr Sanandam Sarkar, a Best Internal Medicine Doctor in Saltlake, Kolkata serves as a consultant in the Department of Internal Medicine at Manipal Hospital, Salt Lake, Kolkata. His multi-institutional experience demonstrates his versatility and ability to adapt to diverse clinical environments while delivering comprehensive care across a wide spectrum of medical conditions. Earlier in his career, Dr. Sarkar gained significant exposure in critical care medicine, serving as an ICU Medical Officer at reputed hospitals. His tenure as Senior Resident at Bankura Medical College further enriched his academic and clinical proficiency in general medicine. These roles allowed him to cultivate strong decision-making abilities,

crisis management skills, and a holistic approach to patient well-being. In addition to his academic and clinical journey in India, Dr. Sarkar expanded his knowledge globally by completing a postgraduate program in Cardiology with distinction from The Johns Hopkins University School of Medicine, Baltimore, USA, in 2016. His postgraduate dissertation on the “Association & clinical significance of urine micro-albumin in acute ischemic stroke” reflected his keen interest in research and evidence-based medicine. Dr. Sarkar is certified in Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) by the American Heart Association, further solidifying his readiness to handle emergencies with precision and confidence. Beyond medicine, he is a multifaceted personality with advanced knowledge in computers and technology. He is also professionally trained in several musical instruments, including sarod, sitar, and bass guitar. With strong academic credentials, rich professional experience, and a compassionate approach to patient care, Dr. Sanandam Sarkar continues to contribute significantly to the field of internal medicine while remaining committed to lifelong learning and professional growth.

Field of Expertise

- Comprehensive management of acute and chronic medical conditions
- ICU experience with expertise in handling life-threatening emergencies
- Management of metabolic and lifestyle-related conditions
- Holistic approach with emphasis on long-term disease prevention

Languages Spoken

- English
- Hindi
- Bengali