

DR. SOURAV PRADHAN

Consultant - Rheumatologist

Qualification

MBBS | MD (General Medicine) | DNB (General Medicine) | DM (Rheumatology)

Overview

Dr. Sourav Pradhan is a distinguished Consultant Rheumatologist with a rich blend of academic excellence, clinical experience, and research credentials in the field of Rheumatology. Currently practicing at multiple renowned hospitals in Kolkata, Dr. Pradhan is known for his compassionate approach and evidence-based care in managing complex autoimmune and musculoskeletal disorders. He is the best Rheumatologist in Salt Lake, Kolkata. Dr. Pradhan holds an MBBS degree from Calcutta National Medical College and an MD in General Medicine from Medical College, Kolkata. He went on to complete his DNB (General Medicine) and pursued super-specialisation in Rheumatology (DM) from the prestigious King George's Medical University, Lucknow. His extensive education laid the groundwork for a solid career in both clinical practice and academic medicine. With around 9 years of professional experience, Dr. Pradhan has served in various key roles—from junior resident to clinical tutor—across top medical institutions in Kolkata and Lucknow. His tenure includes critical care experience at Fortis Hospital, a senior residency in Rheumatology at KGMU, and, most recently, a long-standing role as Residential

Medical Officer cum Clinical Tutor at NRS Medical College and Hospital. In the research domain, Dr. Pradhan has actively contributed as a sub-investigator in several international multicentric clinical trials on Filgotinib in Rheumatoid Arthritis, sponsored by Gilead Sciences. His academic output includes peer-reviewed publications in reputed journals such as BMJ Case Reports, Indian Journal of Rheumatology, and Bengal Physician Journal. He has also authored a chapter titled “Hands in Rheumatology: Bench to Bedside” in Progress in Medicine (2023). Dr. Pradhan's work has been widely recognised. He received the National Young Investigator Award at OACON 2018 and was honoured with the prestigious Dr. S.K. Das Gold Medal Award in 2019, underscoring his excellence in the field. His key interests include autoimmune connective tissue diseases, inflammatory arthritis, vasculitis, osteoporosis, and more. At Manipal Hospital Salt Lake, Dr. Pradhan is committed to offering holistic, patient-centred care that improves outcomes and quality of life for those living with chronic rheumatologic illnesses.

Field of Expertise

- Connective Tissue Disorders Like Rheumatoid Arthritis
- SLE
- Sjogren Disease
- Systemic Sclerosis
- Dermatomyositis
- Polymyositis, Etc.
- Spondyloarthritis
- like Ankylosing Spondylitis
- Psoriatic Arthritis
- Reactive Arthritis
- IBD-Associated Arthritis, etc.
- Crystal Arthritis, like Gout, Pseudogout
- Osteoarthritis

- Fibromyalgia

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- National Young Investigator Award, OACON, 2018
- Dr. S.K.Das Gold Medal Award, 2019

Talks & Publications

- Mondal, S., Pradhan, S., Ghosh, S., & Sinha, A. (2025). Psychiatric manifestations of systemic lupus erythematosus patients in a tertiary care hospital: a cross-sectional study. Bengal Physician Journal, 12(1), 12–18. Click Here
- Sahoo, R., Dhakad, U., Goel, A., Pradhan, S., Srivastava, R., & Das, S. (2019). Serum sclerostin levels in rheumatoid arthritis and correlation with disease activity and bone mineral density. Indian Journal of Rheumatology, 14(1), 28. Click Here
- Sahoo, R. R., Pradhan, S., Goel, A. P., & Wakhlu, A. (2021). Staphylococcus-associated acute glomerulonephritis in a patient with dermatomyositis. BMJ Case Reports, 14(1), e236695. Click Here