



DR. SUPRATIK BHATTACHARYYA

Senior Consultant - Diabetes, Endocrinology & Obesity

Qualification

MBBS | MSc (Endocrinology & Diabetes) | MRCP (UK) | FRCP (Edin) | FACE (USA) | FACP (USA) | Scope Certified in Obesity Management

Overview

Dr. Supratik Bhattacharyya, a distinguished endocrinologist and diabetologist, has an illustrious career marked by extensive qualifications, numerous accolades, and significant contributions to the field of endocrinology, diabetes, and obesity management. His academic credentials are impressive, including an MBBS with distinction, MRCP(UK), MD, and MS in Endocrinology & Diabetes from London, among other notable certifications. Dr. Bhattacharyya is a Fellow of the Royal College of Physicians (Edinburgh), the American Association of Clinical Endocrinology (AACE), the American College of Physicians (ACP), the Indian Society of Hypertension, RSSDI, and Diabetes India. He has also completed Executive Management Programs for Healthcare professionals from Darden, University of Virginia, and IIM Ahmedabad. He is the foremost Endocrinologist and Diabetologist in Kolkata. Currently, Dr. Bhattacharyya serves as the Director of a Diabetes & Endocrine Centre and is a Senior Consultant - Diabetes, Endocrinology & Obesity at Manipal Hospitals Saltlake. With over 11 years of specialized practice in diabetes, obesity, and endocrinology, and 17 years of overall clinical experience, he has

made a profound impact on patient care and medical research. Dr. Bhattacharyya's research contributions are significant, having presented high-quality medical research at esteemed international platforms such as the American Diabetes Association, Endocrine Society (USA), AACE, International Diabetes Federation, ATTD (Berlin), and the European Association for the Study of Diabetes. His work has also been recognized at national forums like RSSDI and ESI, garnering global appreciation and citations. As the Director of SKN Diabetes & Endocrine Centre, Dr. Bhattacharyya oversees a Centre of Excellence that caters to the suburban and rural populations around Kolkata. The centre offers holistic management of diabetes, its complications, and other endocrine disorders like thyroid diseases. It is equipped with facilities for screening diabetes-related complications and conducts Phase 3 and Phase 4 clinical studies regularly. The centre also focuses on patient education, organizing monthly programs to raise awareness about diabetes, thyroid issues, obesity, and other endocrine disorders. Additionally, SKN Diabetes conducts campaigns and walkathons to promote awareness of these conditions. The centre's accreditation by The Endocrine Society (USA) underscores its commitment to high standards of care and research. Dr. Bhattacharyya's excellence in the medical field has been recognized through various awards and honours. In 2022, he received the Inspiring Endocrinologist & Diabetologist of India Award from the Economic Times. He was also honoured with the International Rising Star Award 2021 by the International Diabetes Center, Park Nicollet, and the Rising Star Award 2021 in Endocrinology & Diabetes by the Indian Academy of Diabetes. His innovative contributions during challenging times earned him the RSSDI 2020 award for Best Innovation in Diabetes Care. Other accolades include the Best Oral Paper Presentation at the ASIA Pacific Congress of Hypertension 2021, the ACP Governor's Recognition Award 2021, and the Best National Diabetes Awareness Initiative Award 2016 by Diabetes India. In academia, Dr. Bhattacharyya has held prestigious positions such as Assistant Professor in Medical Education Services,

WB, and visiting lecturer in Endocrinology & Diabetes at the University of South Wales, UK. He is a regular speaker, moderator, and chairperson at national and international conferences, CMEs, and webinars. His expertise in obesity management is highlighted by his scope certification and preceptorship at Guys & St. Thomas (London), NHS, UK. He has been involved in multiple Phase 3 and Phase 4 studies as a principal investigator or co-investigator, including the recently published international DIARAMADAN study. Dr. Bhattacharyya holds several organizational positions, demonstrating his leadership and influence in the field. He is the Founder President and Secretary General of the Association of Metabolic, Obesity Physicians and Clinical Endocrinologists (AMOCE). He is also part of the RSSDI Defeat Diabetes Taskforce and has served as Organizing Secretary of the AMOCEiCON Conference 2024 and Scientific Secretary of the ACP India Annual Conference 2021. He has played pivotal roles in organizing numerous conferences and symposiums, such as the National SGLT2i PLUS symposium, ACP IM 2021, Diabetes India 2021, DiaVcon 2020, and the International Incretin Summit 2020. Dr. Bhattacharyya's publication record is extensive, with over 30 international publications as the first or corresponding author. Some notable publications include studies on Semaglutide Oral in Indian T2DM Patients, the efficacy and safety of Liraglutide in Indian adolescents with T2DM and obesity, and the real-world effectiveness of Dulaglutide monotherapy in obese Indian adults with prediabetes. His research also covers the efficacy and safety of Empagliflozin and Linagliptin in non-hospitalized COVID-19-positive patients with T2DM and the impact of Saroglitazar on diabetic dyslipidemia. As an international editor for the Bangladesh Journal of Endocrinology and Metabolism and a reviewer for the Endocrine Practice Journal of AACE, Dr. Bhattacharyya continues to contribute to the scientific community. He has also authored several book chapters, including those on therapeutic options for elderly patients with diabetes and the DCCT & UKPDS. Dr. Bhattacharyya is a sought-after speaker, having been invited to numerous national and international

conferences. His presentations at events such as the RSSDI Research Retreat, International Diabetes Summit, End Dialogue, Diabetes India, and Dr. Mohan's International Diabetes Update highlight his expertise and influence in the field. In addition to his clinical and academic roles, Dr. Bhattacharyya is actively involved in various advisory boards. His insights have been sought in meetings focused on topics such as the therapeutic positioning of diabetes medications, clinical positioning of different compositions of Vildagliptin, and the role of Remogliflozin in uncontrolled diabetes patients. He has participated in advisory meetings on the clinical implications and roles of Metformin SR+Vildagliptin, the placement of antihypertensives, and the positioning of novel SGLT2 inhibitors. Dr. Supratik Bhattacharyya's dedication to his field is evident through his extensive clinical practice, groundbreaking research, and commitment to patient education and advocacy. His leadership roles in various organizations and contributions to medical literature and conferences underscore his influence and expertise in endocrinology, diabetes, and obesity management. His ongoing efforts continue to impact patient care, medical research, and education, solidifying his reputation as a leading figure in his speciality.

Field of Expertise

- Specialised in managing Obesity and Metabolic Syndrome
- Managing Diabetes
- Thyroid Diseases
- Polycystic Ovarian Diseases
- Managing any kind of hormonal & metabolic disorders

Languages Spoken

- English

- Bengali
- Hindi

Awards & Achievements

- Awards and Honors in Medical Field:
- Inspiring Endocrinologist & Diabetologist of India Award 2022, Economic Times
- International Rising Star Award 2021, International Diabetes Center, Park Nicollet
- Rising Star Award 2021 (Endocrinology & Diabetes), Indian Academy of Diabetes
- RSSDI 2020 award for Best Innovation in Diabetes Care during challenging times
- Best Oral Paper Presentation, ASIA Pacific Congress of Hypertension 2021
- ACP Governor's Recognition Award 2021 for exceptional contribution as Scientific Secretary ACP India Annual Conference 2021
- Best National Diabetes Awareness Initiative Award 2016, Diabetes India at 7th World Congress of Diabetes
- National Scholar & Rank holder in 10th Board exam & Gold certificate holder in A-level exam (UK)
- Distinction holder in Medical school & Post Graduation
- Teaching, Academics, and Research:
- Former Assistant Professor, Medical Education Services, WB
- Visiting Lecturer, Endocrinology & Diabetes, University of South Wales, UK (2018-2019)
- Speaker, Moderator, Chairperson at various National/International CMEs and webinars
- SCOPE (Obesity) certified and Preceptorship in Obesity Management, Guys & St. Thomas (London), NHS, UK

- Principal investigator/Co-investigator in multiple Phase 3 and Phase 4 studies, including the recently published International DIARAMADAN study

Talks & Publications

- SOLID Study, ADA poster presentation 2024.
- A Single Center Cross-sectional Study of Body Composition in Patients with Newly Diagnosed Type 2 Diabetes Mellitus, AACE poster 2022.
- Efficacy and Safety of Liraglutide in Indian Adolescent Population with T2DM and Obesity, ATTD poster 2022.
- Efficacy and Safety of Empagliflozin and Linagliptin Combination in Non-hospitalized COVID-19 Positive Patients with T2DM in Real-World Setting, Endocrine Practice. 2021.
- Efficacy and Safety of Once-Daily Fixed-Ratio Coformulation of Degludec-Aspart plus Empa-Lina 25/5 FDC in Post-Discharge COVID-19 Pneumonitis T2DM Patients, Diabetes Jun 2021.
- Clinical Effectiveness of Dulaglutide Monotherapy in Obese Indian Adults with Prediabetes, EndocrPract. 2019
- Safety and Efficacy of Faster Acting Insulin Aspart in People with Type 2 Diabetes and Chronic Kidney Disease, EndocrPract. 2020.
- Real-World Clinical Effectiveness of Empagliflozin & Linagliptin Combination (Empa/Lina) in Indian T2D Subjects, EndocrPract. 2020.
- Clinical effectiveness of combination therapy with dulaglutide, SGLT2 inhibitor and metformin with or without insulin in Indian adults with type 2 diabetes, Clinical Diabetology 2020.
- Saroglitazar and its impact on Diabetic Dyslipidemia, Indian Journal of Basic and Applied Medical Research. 2018.
- Safety and Efficacy of Insulin Degludec/Liraglutide Fixed-ratio

- Combination in Oad Failure Type 2 Diabetes Patients in a Tertiary Care Centre in Eastern India, Int J Diab 2020.
- Evaluation of blood lipid parameters in type 2 diabetes mellitus subjects and its correlation with glycosylated hemoglobin, Indian Journal of Basic and Applied Medical Research. 2017.
 - Comparison of efficacy, compliance, and incidence of hypoglycemia between conventional basal bolus and Oral hypoglycemic (OHA) regimen with a basal plus oral hypoglycemic regimen, International journal of Pharmaceutical Biological and Chemical Sciences. 2015.
 - Medical nutrition therapy in diabetes management: A healthcare professional-centric survey, Research & Reviews: Journal of Medical and Health Sciences. 2019.
 - Adaptation of IDF-DAR guidance in real-world practice: incidence of hypoglycaemia in patients observing ramadan fast, Proceedings of IDF Congress 2019.
 - International Editor, Bangladesh Journal of Endocrinology and Metabolism (BJEM).
 - Reviewer of Endocrine Practice journal of AACE.
 - Aligning Therapeutic Options with Management Goals in Elderly Patients with Diabetes, RSSDI Diabetes Update 2019.