

DR. SHAMIK GHOSH

Consultant - Paediatrics

Qualification

MBBS | DCH (AFMC Pune) | DNB (Paediatrics) | MRCPCH (London)

Overview

Dr. Shamik Ghosh is a distinguished Senior Consultant Paediatrician at Manipal Hospital, Salt Lake, with a profound commitment to the fields of adolescent health and developmental disorders in children. His journey in medicine began with basic medical schooling at Nilratan Sircar Medical College, Calcutta, where he laid a solid foundation in medical sciences. He is the foremost Paediatrician in Kolkata. Driven by a passion for paediatrics, Dr. Ghosh underwent rigorous postgraduate training in this speciality. He honed his skills at the prestigious Armed Forces Medical College in Pune and further enriched his expertise at the Institute of Child Health, Calcutta. His quest for advanced knowledge led him to the United Kingdom, where he pursued additional postgraduate training at renowned institutions such as Newcastle University and Liverpool University. Dr. Ghosh's dedication to adolescent health is evident in his continuous pursuit of professional development. He has completed notable courses including the Certificate Course in Basics of Addiction Management and a Primer on Motivational Interviewing, both from the National Institute of Mental Health and Neurosciences (NIMHANS). These courses have equipped

him with essential skills to address complex adolescent health issues, particularly in addiction management and motivational interviewing techniques. In addition to his clinical expertise, Dr. Ghosh is a prolific contributor to medical literature. He served as the Section Editor for "Social Media and Us" in the IAP Textbook of Adolescent Medicine (1st Edition) and authored several critical chapters in the same textbook, covering topics such as motivational interviewing, anxiety issues in adolescence, and suicidal tendencies in adolescents. His contributions extend to co-authoring the Adolescent Health Academy Statement on the Care of Transgender Children, Adolescents, and Youth in 2023, reflecting his advocacy for inclusive and comprehensive adolescent care. Dr. Ghosh's leadership roles underscore his influence in the pediatric community. He was an Executive Board Member of the Adolescent Health Academy of the Indian Academy of Paediatrics (AHA) in 2021 and 2023, and he held the position of President of the New Kolkata Academy of Paediatricians from 2019 to 2023. His organizational skills were pivotal in the success of the 1st Asian Congress of Adolescent Health in Kolkata in November 2022, where he served as the Organizing Secretary, emphasizing gender-affirmative care for adolescents. Currently, Dr. Ghosh remains an active member of the Indian Academy of Paediatrics (IAP) and has held various significant posts, including Executive Board Member of the West Bengal Academy of Paediatrics in 2019, 2020, and 2022, and Organizing Secretary of the National Adolescent Health Conference in 2022. His integrated training from India and the UK, combined with his focus on effective communication, ensures that he provides holistic and empathetic care to his young patients, making significant strides in pediatric and adolescent health.

Fellowship & Membership

- Membership of the Royal College of Paediatrics and Child Health

- Membership of the Indian Academy of Pediatrics
- Membership of the Indian Medical Association

Field of Expertise

- Paediatrics

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Gold Medalist - DCH Examinations- University of Pune -1995
- East Zone Pioneer Paediatrician Award of the East Zone Academy of Paediatrics - 2022)

Talks & Publications

- JOURNAL ARTICLES
- Ghosh S. Gippi. Indian Pediatr Case Rep 2022;2:261
- Indian Academy of Pediatrics Consensus Guidelines on Preconception Care
- Author No. 14 Shamik Ghosh
- INDIAN PEDIATRICS
- Pages 305-320 VOLUME 61__APRIL 15, 2024
- All authors are given the status of first authors.
- CONTRIBUTIONS TO TEXTBOOKS
- Section 3, Chapter 48- Counselling Scenario- Adolescent

Suicidal Behaviour- First Level Response - Co-Author in Adolescent Paediatrics, MKC Nair, 2nd Edition-2022

- Section 15: Adolescence- Chapter 130- Puberty Precocious/ Delayed - Coauthor in IAP Standard Treatment Guidelines 2022
- IAP AHA Text Book of Adolescent Medicine -2024
- a)Section Editor- Social Media and Us
- b)Section 3B.3- Anxiety Disorders in Adolescence- Sole Author
- c)Section 3C.4- Motivational Interviewing- Sole Author
- INVITED LECTURES
- Junk Foods – Time to take action- NATIONAL CONFERENCE OF INDIAN ACADEMY OF PAEDIATRICS -28th January 2024
- Early and Late Bloomers in Adolescence- NATIONAL CONFERENCE OF INDIAN ACADEMY OF PAEDIATRICS -24th January 2024
- Adolescent Substance Abuse- An Insight- 1st ASIAN CONFERENCE ON ADOLESCENT HEALTH AND 22nd NATIONAL CONFERENCE OF ADOLESCENT HEALTH ACADEMY-3rd November 2022
- These are the latest in a continuous process for the last 25 years at Regional, State, Zonal and National levels