

DR. ABDUL NAIM OSTAGAR

Consultant - Spine Surgery

Qualification

MBBS | MS Ortho | Neurospine Fellowship | Spine training NUH (Singapore)

Overview

Dr. Abdul Naim Ostagar is a distinguished spine surgeon in the Department of Spine Surgery at Manipal Hospitals, Saltlake, Kolkata. Renowned for his meticulous attention to detail, precision, and unwavering commitment to patient care, he has significantly improved the quality of life for individuals suffering from a wide range of spinal disorders. With an overall career spanning 15 years, including 8 years dedicated exclusively to spine surgery, Dr. Ostagar's journey reflects his deep passion for the specialty. He completed his MBBS from the West Bengal University of Health Sciences, Kolkata, followed by an MS in Orthopaedics. His dedication to advancing his expertise led him to pursue a fellowship in Neurospine at Park Clinic, Kolkata. Today, he is recognised as one of the foremost spine care surgeons in Kolkata. In pursuit of excellence, Dr. Ostagar further enhanced his skills through advanced training at the University Spine Centre, National University Hospital, Singapore. These experiences allowed him to collaborate with eminent global specialists and gain exposure to the latest cutting-edge techniques and emerging innovations in spinal care. Dr. Ostagar specialises in spine deformity correction procedures and minimally

invasive spinal surgeries. His exceptional clinical acumen enables him to handle complex spinal cases with confidence, ensuring successful outcomes and faster recovery for his patients. His professional stature is reinforced through memberships in prestigious organisations such as the West Bengal Orthopaedic Association (WBOA), Spine Society of West Bengal (SSWB), Asia Pacific Orthopaedic Association (APOA), Association of Spine Surgeons of India (ASSI), and AO Spine. Dr. Ostagar has also contributed significantly to medical literature, including his notable publication “Outcome Analysis of Surgeries Around Craniovertebral Junction” in the International Journal of Orthopaedic Surgery. His research excellence has earned him multiple accolades, including the Best Scientific Paper Award at the Annual Conference of the Neuro Spinal Surgeons Association of India and the Best Poster Award at SPINE 2016. Fluent in Hindi, English, and Bengali, Dr. Ostagar combines multilingual communication skills with deep expertise and empathy, making him one of the most respected and trusted spine specialists in the region.

Fellowship & Membership

- Member of West Bengal Orthopaedic Association (WBOA).
- Member of AO Spine.
- Member of Spine Society of West Bengal (SSWB).
- Member of Asia Pacific Orthopaedic Association (APOA).
- Member of Association of Spine Surgeons of India (ASSI).
- Fellowship in Neurospine at Park Clinic, Kolkata.

Field of Expertise

- Specialised in performing Spine Deformity Correction Procedures, ensuring overall functionality and well-being.
- Skilled in employing various Minimally Invasive spinal surgery,

with a focus on achieving successful results and faster recovery.

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- Certificate of Merit for Academic Excellence in Higher Secondary Examination from National Scholarship Scheme, Government of India.
- Best Scientific Paper Award at the Annual Conference of Neuro Spinal Surgeons Association of India
- Best Poster Award at SPINE 2016, Kolkata.

Talks & Publications

- Paper on ‘Outcome Analysis of Surgeries Around Craniovertebral Junction’ Ostagar AN, Kumar R, Akhtar N, Das S, Kar A, Orthop Surg 2021;29:3-8.