

BARNALI GHOSH

Consultant - Clinical Psychology

Qualification

MSC (Psychology)

Overview

Barnali Ghosh is a highly experienced and accomplished clinical psychologist with a deep understanding of human psychology and a wide range of therapeutic skills. With an MSC in Psychology and a specialisation in Counseling & Psychotherapy, Barnali has dedicated over 25 years to the practice of psychotherapy and mental health. Throughout her career, Barnali has developed expertise in working with individuals across all age groups, from children to adults and the elderly. Her specialization in play therapy further sets her apart, as it enables her to effectively engage with children and help them express their thoughts and emotions safely and therapeutically. This skill has proven invaluable in assisting young clients in overcoming challenges and building resilience. Beyond her clinical practice, Barnali has also made significant contributions to the field of counselling and psychotherapy through her role as an ex-faculty member at Jadavpur University. Her involvement in teaching and mentoring students in the PGDM course on Counseling Skills & Psychotherapy demonstrates her commitment to shaping the next generation of professionals in the field. Her knowledge and experience have undoubtedly influenced

countless individuals pursuing careers as counsellors and therapists. Additionally, Barnali serves as a University Counselor at the prestigious National University of Juridical Sciences (NUJS) in Kolkata. In this capacity, she provides vital support to students, assisting them in navigating the challenges of university life, academic stress, and personal issues. Her empathetic and skilled approach helps create a supportive environment where students can seek guidance and find the necessary resources to thrive both academically and personally. She is the best Psychologist in Kolkata. Overall, Barnali Ghosh's extensive clinical experience, specialisation in counselling and psychotherapy, and contributions to academia make her a highly respected and sought-after professional in psychology. Her ability to work with diverse age groups, coupled with her passion for helping others, allows her to make a lasting impact on the mental well-being of her clients and the broader community.

Field of Expertise

- Psychotherapy
- Play Therapy
- Counselling
- Child Clinical Psychology

Languages Spoken

- English
- Bengali
- Hindi