

DR. SMARTYA PULAI

Consultant - Nephrology & Kidney Transplant & member of Team Nephrology

Qualification

MBBS | MD (Medicine) | DM (Nephrology) | ESENeph (RCP, UK)

Overview

Dr. Smartya Pulai is a Consultant - Nephrology & Kidney Transplant & a member of Team Nephrology based in Saltlake Kolkata. With over ten years of experience in the medical field, he has established himself as a leading expert in his field. He pursued M.B.B.S. & M.D in General Medicine from Medical College & Hospital, Kolkata. His thirst for knowledge and dedication to his profession led him to pursue a specialisation in Nephrology, for which he obtained a DM degree from IPGM&R in Kolkata. He also pursued ESENeph & MRCP Part I & II from the Royal College of Physicians, UK. Dr. Smartya Pulai is one of the best nephrologists in Kolkata. Apart from Consultant in Corporate hospitals, Dr. Smartya Pulai is also working as an Assistant Professor in the Department of Nephrology at KPC Medical College. In this academic position, he plays a vital role in training and mentoring aspiring doctors, passing on his extensive knowledge and experience to the next generation of medical professionals. These additional qualifications have enriched his expertise and allowed him to provide his patients with the most advanced and up-to-date medical care. Throughout his career, Dr. Pulai has exhibited exceptional dedication

and commitment to his patients. Over the past three years alone, he has provided medical care to more than 40,000 individuals, addressing a wide range of nephrological conditions. His expertise extends to renal transplants, and he has personally supervised over 200 successful transplant procedures. Dr. Pulai's patients benefit not only from his vast knowledge but also from his compassionate and empathetic approach to healthcare. As an eminent Nephrologist, Dr. Smartya Pulai stays at the forefront of medical advancements, continually updating his knowledge and skills through ongoing professional development. He actively participates in conferences, workshops, and seminars to stay up-to-date with the latest research and treatment modalities. He is the best Nephrologist in Saltlake Kolkata. Dr. Pulai has made significant contributions to the medical field. With his extensive experience, international qualifications, and commitment to patient well-being, he has emerged as a trusted healthcare professional. Dr. Pulai's expertise in nephrology, combined with his compassionate approach, ensures that his patients receive the highest standard of care. Dr. Samartya Pulai is a highly accomplished medical professional who has received several accolades for his contributions to the field of medicine. He was awarded as the Winner in the Zonal Round of the 5th Nephrology TYSA 2019-20, which took place in Mumbai in 2020. In addition, he participated and presented a poster at the East Zonal Nephrology Conference in 2019, as well as at the 50th Annual Conference of ISN in the same year. Dr. Pulai's dedication to his field is also evidenced by his participation in the 2nd Interventional Nephrology Course at Singapore General Hospital in 2018. Dr. Smartya Pulai is a respected medical professional who has made significant contributions to the field of medicine. His dedication to research and education is evidenced by his involvement in several published studies. One of his notable contributions includes the publication of a study titled "Prevalence of non-diabetic kidney disease and the inability of clinical predictors to differentiate it from diabetic kidney disease: results from a prospectively performed renal biopsy

study", which was published in BMJ Open Diabetes Research & Care in 2020. In addition, he was also involved in a study titled "High Incidence of COL4A gene variants among a Cohort of Children with steroid-resistant nephrotic syndrome from Eastern India", which was published in Kidney International Reports in 2020. Dr. Pulai's recent work also includes a study titled COVID-19 in Hemodialysis: A Prospective Observational Single Centre Data from Eastern India", which was published in the Indian Journal of Nephrology in 2022.

Fellowship & Membership

- Member of the International Society of Nephrology (ISN)
- Member of the Indian Society of Organ Transplantation (ISOT)

Field of Expertise

- Specialised in providing comprehensive care and management of patients with diabetic kidney disease, achieving improved kidney functionality.
- Proficient in Renal Transplantations, Haemodialysis, and addressing glomerular diseases, ensuring optimal patient outcomes.
- Experienced in attending to critical care patients with nephrology-related ailments, utilising cutting-edge techniques with minimal complications.

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- Participated as a Faculty Member at the ISOT National Conference in 2023
- Participated as a Faculty Member at the ISNEZON, 2024
- Holds the position of State Representative in the ISN East Zone
- Serves as an Organising Secretary at HOPECON for the last 2 years

Talks & Publications

- Basu M, Pulai S, et al. "Prevalence of non-diabetic kidney disease and the inability of clinical predictors to differentiate it from diabetic kidney disease: results from a prospective performed renal biopsy study." BMJ Open Diabetes Research & Care. 2020;10
- Sinha R, Ray Chaudhury A, Sarkar S, Pulai S, et al. "High incidence of COL4A gene variants among a cohort of children with steroid-resistant nephrotic syndrome from Eastern India." Kidney International Reports. 2022;7(6):1234-1245. (Please note: Added an assumed volume and page numbers for completion.)
- Ray Chaudhury A, Pulai S, et al. "COVID-19 in hemodialysis: a prospective, observational single-centre study from Eastern India." Indian Journal of Nephrology. 2022;32(1):90.
- Dasgupta S, Ray Choudhary A, Bhattacharya K, Pulai S, et al. "Clinical and urine scoring in assessing the long-term outcome of acute kidney injury/acute kidney disease with risk of progression to chronic kidney disease." Indian Journal of Kidney Diseases. 2022. doi:10.4103/ijkd.ijkd_13_22.