



## **DR. AVISHEK DAS**

Consultant- Orthopaedic Surgeon with special interest in Shoulder, Knee Arthroscopy & Sport Injuries Treatment

### **Qualification**

MBBS | DNB (Ortho) | MNAMS | Member of Royal College of Surgeons (UK)

### **Overview**

Dr. Avishek Das is a highly regarded and accomplished Orthopaedic Surgeon, renowned for his exceptional skills and contributions to the field of Orthopaedics. With a comprehensive educational background, extensive surgical experience, and notable affiliations, Dr. Das has garnered a reputation as a trusted medical professional in his profession and is known for his successful cases. Education has been a cornerstone of Dr. Das's journey. He initiated his journey by acquiring an MBBS degree, establishing a strong groundwork in medical expertise. Driven by his passion for Orthopaedics, he pursued a DNB degree in Ortho, allowing him to delve deeply into the complexities of musculoskeletal health. His commitment to professional growth and pursuit of excellence led him to earn the esteemed qualifications of MRCS, MNAMS, further validating his dedication to his field. He has memberships in esteemed medical organizations such as AO Trauma, Orthopaedic training in the NHS, worked at the Dept of Orthopaedics at Good Hope Hospital, UK. His attachment to NRS Medical College and Hospital, Kolkata, India as Clinical Tutor, and Travelling Fellowship

arthroscopy, Sancheti Hospital reflect his dedication to staying connected with the latest advancements and collaborating with peers in the orthopaedic community. His expertise spans a range of critical orthopaedic procedures. He excels in Shoulder and Knee arthroscopy. His mastery extends to complex trauma surgeries, significantly improving patients' quality of life. Similarly, he is proficient in sports injuries treatment. He is the best Orthopaedics consultant in Kolkata. Dr. Avishek Das's profile is a testament to his dedication, skill, and commitment to the field of orthopaedics. His journey, from a solid educational foundation to a position of prominence, showcases his continuous quest for knowledge and excellence. His proficiency in Shoulder and Knee Arthroscopy, complex trauma surgeries, sports injury treatment positions him as a sought-after Orthopaedic Surgeon, who is trusted by patients and respected by his colleagues.

### **Fellowship & Membership**

- Observership in Upper extremity centre of excellence, Pune
- NUH, Singapore, for higher training in shoulder arthroscopy and replacement, upper limb trauma surgery
- Travelling Fellowship Arthroscopy, Sancheti Hospital
- Attached to NRS Medical College and Hospital, Kolkata, India as Clinical Tutor,
- Started Orthopaedic training in the NHS. Worked in the Department of Orthopaedics at Good Hope Hospital, UK.
- Faculty National AO Trauma Course -Advanced Principles of Fracture Management.
- AO blended Course: Advanced Principles of Fracture Management. Table Faculty, Kolkata.
- AO Trauma Hybrid Masters Course: Fracture around Ankle. Nov 2021
- AO Trauma Blended Course Basic. Faculty/Table instructor, National. Kolkata.

- AO Trauma course Basic Principles of Fracture Management, Table Instructor, Ranchi.
- AO Trauma Course - Advances in Operative Management. Kolkata
- AO Trauma Course Pelvis with Anatomical Specimen. Bangalore
- AO Principles in Operative Trauma Management. Bhubaneswar

### **Field of Expertise**

- Specialising in treating Shoulder and Knee Arthroscopy, utilising advanced techniques for better outcomes
- Proficient in carrying out Ligament Reconstruction procedures, with a focus on minimal complications
- Expertise in managing and treating sports injuries, assisting athletes in faster recovery and quicker return to sports

### **Languages Spoken**

- Bengali
- English
- Hindi

### **Awards & Achievements**

- Member Arbeitsgemeinschaft für Osteosynthesefragen (AO) Trauma
- Faculty of Arbeitsgemeinschaft für Osteosynthesefragen

### **Talks & Publications**

- Posterior Malleolus fixation and syndesmotic stability. AOPTAP,

Taiwan,

- Nice guidelines: CT scan for head injury patients: feasibility at a DGH setting. Oral presentation, British Trauma Society, Annual Clinical Meeting 2006, Free Paper. Fifth Sicot, Annual International Conference, Morocco, Sep 2007
- Carpal tunnel syndrome: Implications of nerve conduction study at DGH setting. Free paper, Fifth Sicot, Annual International Conference, Morocco. Sep 2007 Poster, EFORT Congress, Florence, ITALY.
- Best paper: Revision Total Hip Arthroplasty in infected Hemiarthroplasty. MIDCON
- Best paper: Multiligamentous knee injury, MIDCON
- Free Paper: Early Decompression, Accurate reduction and stable internal fixation can affect the outcome in the fracture neck of the femur in children. IOACON, Bangalore.
- Poster: Osteosynthesis by closed reduction, internal fixation and free fibular grafting in fracture neck of femur. IOACON Kolkata.